NEW HORIZONS IN NATURAL CANCER THERAPIES



A Practical Information Guide For Treating Cancer Without Drugs And Surgery

By Jeff Smith

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Preface

Constructive And Actual Notice Regarding the Certainty of Results

This book is not intended to supply the reader with a guaranty or an absolutely certain method of treating cancer. These therapies have been used by many people successfully and the results are generally well **documented**. Some of these treatments and therapies have been tested using the scientific method. Many have not. One of the reasons that scientific documentation has not been applied to some of these therapies is that we live in a society where the wealthy power elite own and control the health care delivery system and the pharmaceutical companies, the banks, the oil companies and the government. Years ago there was a book published by C Wright Mills, a sociology professor at Columbia University called "The Power Elite". Since then many other books have been published exploring the influence of the rich and powerful elite in government and society generally. Some of these writers on this subject worked for government agencies in high positions in law enforcement, intelligence agencies and the military. Fortunately, in light of the many social control mechanisms that have suppressed alternative health care, we still have freedom of speech.

The Gerson Institute tells us that they have published documentation of their results in scientific journals in Europe but not the United States, due to censorship and medical industry bias. These American Journals carefully avoid any therapy that is not endorsed or provided by the pharmaceutical industry. We must all become vigilant and determined not to allow our government, which has been influenced by money and intimidation to suppress alternative health care. We have to stand up to oppression, threats intimidation and worse. We have to stand together in support of truth, freedom of choice and righteousness. I am convinced by some of my experiences with those who are intuitive and have earned a good living as psychics for law enforcement professionals, solving serious crimes, that all of us will, after we pass on, have to live with the effects and impact of what we have done in our lives both good and bad. This is called karma. It is well known that retired judges have difficulty sleeping because of the law of karma, and the anxiety that starts to return to them from their life of willful oppression they have lived, violating people's rights in court. If you damage or destroy someone's life there is karma.

It is in that context that I hereby state that I do not guaranty the certainty of results from cancer therapies discussed in this book, however these alternative procedures and therapies have drawn a great deal of enthusiasm and interest because of the lack of negative side effects and their well documented results and scientific research. This book was intended to be a personal guide to all of the most effective therapies in use today. It is in this context that I must assert that I am exercising my first amendment rights to freedom of speech and that I do not certify or guaranty results but I am

confident that all of these therapies have helped some people recover from cancer and live long, productive and healthy lives after they have recovered from cancer. I do want to start a dialog and stimulate thought and many meaningful conversations about the subjects discussed in this book. And of course I want people who have been diagnosed with cancer to make a full recovery and live healthy lives. I also want people throughout the world who may come across this book to start to expand their awareness of the world we live in and the alternative media. I would like to recommend rense.com, the American Free Press, Democracy Now [TV, Radio] Natural Solutions Foundation and Coast to Coast AM as a way to stay informed. In my experience it is best to explore both conservative and liberal media sources. We have got to take back control of government and reverse the trend of the control exercised by the wealthy power elite. Alternative media on the left and the right are making valuable contributions.

I have excluded some therapies from consideration in this book because of a lack of documentation. I am convinced that there is merit to hyperbaric chambers in treating cancer, but the use of these methods does not have the level of documentation that we see from other modalities of treatment for cancer. However, there is some indication that these methods have been effective in treating cancer. I do not want to mislead anyone into using ineffective or marginal therapies. I have avoided the use of the word "cure" because it may be construed to mean that there is an implied guaranty. The law of attraction has been said to provide a successful treatment modality for cancer but lacks the level of documentation needed for

discussion in this book. I would recommend a careful review of Kevin Trudeau's audio series "Your wish is your command" for a discussion of the law of attraction. I have stumbled across some very successful MDs who are practicing alternative medicine quietly and secretively to avoid sanctions by government and their more conservative peers. I hope that this changes some day. We can all live in a much better world without the level of suppression that is a major part of our health care delivery system. I hope the readers of this book will join the rest of us who are speaking out against suppression of alternative health care and quietly reforming our health care system. I encourage those of you who find yourselves on a jury to join the **Fully Informed Jury Association** and help us wake up the sleeping giant (those who are blissfully unaware of the suppression of alternative health care and the oppression by the Power Elite). And I wish to thank those who have helped me in creating this work.

NEW HORIZONS IN NATURAL CANCER THERAPIES

A Practical Information Guide For Treating Cancer Without Drugs And Surgery

Chapter 1: Background and History of Natural Therapies

Surgery, chemotherapy and radiation therapy are the three cancer therapies that are accepted by western medicine as valid and acceptable for use by medical doctors and hospitals. Many people find that these three approaches to cancer are unacceptable, especially when they examine the side effects and risks.

This book is written for those people who wish to use natural alternative therapies for cancer that have been proven to be effective with a large number of people, and are willing to make small changes in their lifestyle and diet.

There is a requirement for the reader and the cancer patient

to be open minded and progressive in their thinking when reading this book. The results from the alternative cancer therapies are there for everyone to see and many of these therapies are carefully researched by universities and respected scientists and verified by the experiences of thousands of people worldwide. In all cases the reader and the user of this book must be willing to expand their thinking and adopt a new paradigm and the scope of the their thinking must shift in order to take full advantage of this book.

The author has selected natural cancer therapies that are proven to be successful, and are simple to administer or use and in many cases have been the subject of scientific research. Those who cannot adopt a new paradigm and take on a new open minded way of thinking or those who are too stubborn and bull headed to accept a new paradigm should not use or buy this book. Some people with cancer do not want to live any longer. If this is your situation, this is a problem for you...... try to be honest with yourself.

The AMA and the FDA have employed a repeated process of persecution and ridicule by their health care officials, against each and every promising cancer therapy advocate over the last 75 to 100 years. The reason they do not want to accept the results of the innovations in cancer therapy is because the pharmaceutical industry and doctors cannot make a profit from it and will lose money because of a loss of the sales from Chemotherapy and Radiation. There has been a war against alternative health care waged by the AMA and the drug companies for many years, suppressing these alternative therapies and driving them underground.

Please Note: This Book, and the theories and health care modalities discussed in this book, have not been tested or approved by the FDA, or any panel of medical experts. For many this is an emblem of value and efficacy in the health care field. Several of the cancer treatments discussed in this book have been researched by universities in the United States and South Korea and Japan with great success and fanfare. The author does not and will not offer any cancer treatment to anyone now or in the future. I am a journalist and not a medical doctor. All of the materials in this book are protected as free speech under the First Amendment to The Constitution For The United States of America. I am just providing information and educational materials, not treatments or products.

Propaganda campaigns have been launched against all of the leading alternative therapies used in the last 50 to 75 years. If you run this by your doctor or other "opinion leaders" in your community who have a narrow mind and a very fixed ideas or a stubborn attitude towards learning the truth and you are unsophisticated enough to be influenced by these kinds of people, then you will condemn yourself to a life of chemo and radiation.

Your medical doctor receives a percentage of the profits from the sales of pharmaceuticals he prescribes. Also, your doctor will risk loss of his license if he advocates anything other than the three FDA approved therapies, discussed above, that are not approved by the AMA, so be forwarned.

In many cases the toxicity of chemotherapy and side effects are considered to be unacceptable to many people. These side effects include memory loss, loss of concentration, and these side effects are collectively known as "Chemobrain". Also, chemotherapy damages the veins and arteries that feed cancer cells, but also damages other arteries that are not feeding cancer cells. This frequently leads to Coronary Artery Disease (CAD). This is especially true for people who have plaque in their arteries. Later in the book I tell you how to remove plaque from your arteries.

Radiation, while effective in many cases, can cause cancer. Surgery can remove the cancerous tumors but cannot stop the spread of cancer.

There are root causes of cancer that are widely recognized by oncologists, but are not at the center or even at the periphery of the medical doctors approach to cancer. The primary root cause of cancer, is an emotional trauma or traumatic event that was never resolved and never released from the persons psyche. Emotional release work can be effective for this or a regular regiment of mono-atomic gold, which is not always easy to find. More will be discussed about this later in the book. Some of the products on the internet that claim to be mono-atomic gold are misrepresented, more about that later. The second primary root cause of cancer, that is a common element in cancer is junk food. Junk food in this context includes food that contains food additives, preservatives, pesticides, herbicides and GENETICALLY MODIFIED FOODS. A third root cause of

cancer is an exposure to chemical toxicity such as petrochemicals or industrial chemicals. A fourth cause of cancer is an acid diet that primarily comes from the consumption of meat, dairy products, sugar and animal by-products. A lack of vitamin D3 is associated with an increased cancer risk and vitamin D3 can reduce cancer risk by 77%, a finding that is supported by 200 epidemiological studies. D3 can actually kill cancer.

After examining the history of alternative cancer therapies promoted by both medical doctors and others it is clear that there is a war against alternative cancer therapies waged by the AMA, the FDA and the pharmaceutical industry. The ban on alternative health care is clearly political. In California the state legislature passed a law making it unlawful for doctors to use anything but surgery, radiation therapy or chemotherapy. I suggest that you see a documentary film called "Fat, Sick and Nearly Dead" as part of your discovery process in learning how to live a healthy life.



Herbal and nutritional supplements are an important part of healing from illness and is frequently overlooked by modern medical practitioners.

Chapter 2: The Most Promising Therapies

The Gerson Institute

There are a number of cancer clinics around the world, especially the Hoxsey clinic in Mexico and the Gerson Institute in Mexico, with offices in San Diego. The Gerson Institute has had remarkable success treating cancer. The cancer therapy modality at the Gerson institute has used a nutritional approach, with a vegan diet, and good nutrition, with a spectacular success. Please be intelligent enough to avoid the disinformation websites about the Gerson Institute. They are there to spread lies and disinformation, and the people behind them are hired to advance the agendas of the AMA and the Pharmaceutical industry.

Dr. Gerson discovered that acidity is at the root cause of cancer, with meat consumption causing acidity, primarily by the production of phosphoric acid. It is the acidity derived from meat consumption that contributes to an environment in the body that promotes cancer. Dr. Max Gerson suffered from migraine headaches and cured his MIGRAIN HEADACHES with his raw food diet, and also discovered that he was also able to heal skin tuberculosis with raw food. Dr. Gerson then healed Dr. Albert Schweitzer's Wife of Pulmonary Tuberculosis later he reversed Dr. Albert Schweitzer's diabetes. All of this was done with raw food. Dr. Gerson testified before Congress, and his testimony was reported by ABC news correspondent Raymond Gramson. Although the story generated a strong interest with the public, the reporter was subsequently fired for the story,

after a thirty-year career. Again we see the politics of suppression.

The Gerson institute has also treated people with AIDS, MS, diabetes and Parkinson's disease. The Gerson Institute has published their results in European Medical Journals but have been excluded from the Medical Journals in the United States.

The Gerson Institute has a website, Gerson.org and can be contacted there or at their offices in San Diego.

Contact Information is as follows:

8:15 AM – 12 PM, 1 PM – 4:45 PM US Pacific Time (Monday – Friday)

(888) 443-7766 US and Canada

(800) 838-2256 US Only

+1 (619) 685-5353 (Local or international callers)

Office Address: [closed for lunch] 3844 Adams Ave San Diego, CA 92116

Essiac Tea

Rene Caisse, which is pronounced 'case', a nurse in Canada introduced Essiac tea in the 1940's, with remarkable success. The name came from her name spelled backwards. The formula came from an indigenous tribe of indians from Canada. The town that she lived in donated a building for a

cancer clinic in Canada, free of charge, and required that each patient had to have a diagnosis of cancer from a doctor prior to treatment. After pressure and hearings held by government authorities, 55,000 of Rene Caisse's patients, who she treated, signed petitions confirming the positive results of her cancer therapy. A commission investigated and decided that for each of these 55,000 patients the doctors misdiagnosed the cancer. After that, she went to her basement, and brewed the formula there and distributed it until her death many years later. The Sloan Kettering Clinic researched Essiac tea and the research got bogged down and never was concluded. Some of the modern producers of Essiac tea have been pressured by the authorities to leave out some of the active ingredients, so you have to make sure you get an effective formula. The following recipe appears on the National Cancer Institute website, if you can trust it; Essiac is a mixture of herbs that are combined to make a tea. The original formula included burdock root (Arctium lappa L.), slippery elm inner bark (*Ulmus fulva Michx.*), sheep sorrel (Rumex acetosella L.), and Indian rhubarb root (Rheum palmatum L.). Watercress (Nasturtium officinale R.Br.), blessed thistle (Cnicus benedictus L.), red clover (Trifolium pratense L.), and kelp (Laminaria digitata [Hudson] Lamx.) was added to later recipes for a product sold as Flor Essence.

Hoxsey Clinic [Harry Hoxsey]

Harry Hoxsey, the son of John Hoxsey, grew up on a farm, and his father was a veterinarian. His father put a horse out to pasture after the horse developed an uncurable case of cancer. John Hoxsey, Harry's father, noticed that the horse was improving and that eventually he was healed of cancer, and subsequently discovered that the horse was primarily feeding on certain types of plants in his diet, that supplied an obvious causal link to the horse's cancer free condition. They developed the cancer therapy for humans, based upon the plant-based formula used by the horse and eventually set up a large number of clinics, including one near Hoxsey's home in Dallas, Texas. Harry Hoxsey spent years battling the FDA in the courts. Although Federal Courts upheld the therapeutic value of Harry Hoxsey's formula, the FDA shut down his 17 clinics around the country. He subsequently moved his remaining clinic to Mexico and the contact information is as follows:

Bio-Medical Center (Hoxsey Clinic) cancure.org

Since 1963, this clinic has provided Hoxsey therapy. It was one of the first alternative cancer facilities in Mexico. Mildred Nelson, who was Harry Hoxsey's chief nurse at the Hoxsey Clinic in Dallas until he left clinical practice. She carried on the therapy in Mexico until her death in 1999. Her sister now runs the clinic.

It is not as expensive as many therapies - it costs only \$3500.00 for the therapy no matter how long it takes, with

30% due at the first appointment. There are several books and videos available on Hoxsey.

In addition to the Hoxsey treatment, comprised of a liquid elixir containing a mixture of herbs and several topical salves, the clinic may also use other supplements, diet, nutrition, and chelation therapy. They treat most types of malignancies, but it is said to be especially effective with skin cancer (including melanoma), breast cancer, and has been successful with some recurrent cancers and even with patients who've had radiation and/or chemotherapy. Often what people will do is combine the Hoxsey treatment with other approaches, like laetrile. For a write up on the clinic, go to http://naturalhealthline.com/newsletter/01feb00/nelson.htm.

HOXSEY FORMULA

The formula today, according the NCI website, includes red clover, burdock, barberry, licorice, cascara sagrada and buckthorn. The combination dissolves tumors and helps the body flush toxins, according to proponents.

To read more: http://www.ehow.com/about_5410103_hoxsey-cancer-therapy.html#ixzz2diWcLQh3

Another website states that the Hoxsey formula is this:

Red Clover fresh-dried blossoms (*Trifolium pratense*), **Chaparal** fresh-dried leaf (*Larrea tridentata*), **Licorice** fresh-dried root (*Glycyrrhiza glabra*), **Oregon Grape** fresh-dried root (*Berberis nervosa*), **Burdock** fresh-dried root (*Arctium*

lappa), **Sarsaparilla** fresh-dried root (Smilax ornata), **Echinacea** fresh root (Echinacea angustifolia), **Prickly Ash** fresh-dried bark (Zanthoxylum americanum).

Yahoo publishes the following as a Hoxsey Formula:

"Hoxsey formula" is a misleading name because it is not a single formula, but rather is a therapeutic regimen consisting of an oral tonic, topical (on the skin) preparations, and supportive therapy. The tonic is individualized for cancer patients based on their general condition, the location of their cancer, and their previous history of treatment. An ingredient that usually remains constant for every patient is potassium iodide. Other ingredients are then added and may include licorice, red clover, burdock, stillingia root, berberis root, pokeroot, cascara, Aromatic USP 14, prickly ash bark, and buckthorn bark. A red paste may be used, which tends to be caustic (irritating), and contains antimony trisulfide, zinc chloride, and bloodroot. A topical yellow powder may be used and contains arsenic sulfide, talc, sulfur, and a "yellow precipitate." A clear solution may also be administered and contains trichloroacetic acid.

Baking Soda [Bicarbonate Solution]

Tullio Simoncini, an Italian doctor, discovered that Sodium Bicarbonate [Baking soda] successfully treats cancer, with remarkable success. He identified cancer as a fungus, candida albicans. Dr. Simoncini discovered that candita is a

fungus and is the source of cancer. Baking soda alkalizes the body and fights most bacteria, viruses and fungus, including cancer. It has been used worldwide with great success. Make sure you use only the brands from the health food stores that do not contain aluminum. Most of the standard retail store brands contain aluminum, except for Arm and Hammer, which does not contain aluminum. After initial research successes in treating cancer, Dr. Simoncini was disbarred by the Italian Medical authorities from the Italian Medical Order because of his use of baking soda to treat cancer.

Coincidentally, it was recently discovered that in an Ancient Hindu Book of Medicine, Astanga Hrdayam, advocates the use of Bicarbonate of Soda for treating cancer. MELANOMA was treated with tincture of Iodine by Dr. Simoncini.

Oral consumption of sodium bicarbonate shifts blood PH into an alkaline condition very quickly. This process neutralizes acids so that more oxygen is carried into the body. For athletes this makes a big difference in their breathing. Increased oxygen will kill cancer, so there is a dramatic improvement in oxygen uptake when bicarbonate of soda is used. Your lungs and kidneys remove CO2, HCO3 and Hydrogen from the blood as a mechanism for managing PH. PH stands for "Potential Hydrogen". PH is an index of the degree of Hydrogen ions in a solution. The PH measurement of something represents the concentration of hydrogen ions in a solution, measured from 0 to 14. Alkalinity is at the highest end of the scale with acidity at the lowest end of the scale. Alkaline solutions, such as alkaline human blood have the greatest capacity for absorbing hydrogen ions. Acid solutions have less capacity for absorbing hydrogen

ions. Consequently, Baking soda in water has a singularly powerful influence on PH levels and shifts the body towards a more healthy PH and a healthier biochemistry of the cells and blood.

If the amounts of Hydrogen and CO2 reach too high a level in Hemoglobin, which is a component of human blood, they affect the acid equilibrium, lowering the PH of Blood. The balance of PH in blood is widely recognized amongst the medical professionals as key to maintaining health and longevity. PH is a vital part of regulating cellular metabolism and physiological functions.

Several healing modalities used for cancer treatment are also routinely used in hospital emergency rooms to save lives. These substances are Sodium bicarbonate, magnesium chloride, iodine and probiotics. The PH of the body can influence both metabolism, including the health of the mitochondria, and genetics.

Those with experience have suggested that a full teaspoon of sodium bicarbonate should be taken several times per day, depending on the severity of the illness. **Skin Cancer** can be treated with a combination of coconut oil and baking soda in a three to one or four to one ratio. It is a good idea to add DMSO so that it is about a 10 to 20 percent of the solution, so that the active ingredient, baking soda can be penetrated deep into the skin and carried into the body. Black Salve and hemp oil can also be effective for skin cancer as a topical treatment. Mild stinging is common with the use of Black Salve. Sangre de Drago, an herbal remedy can heal up the

wound from the Black Salve. Vitamin A, C and E and Selenium is recommended for Skin Cancer. Foods rich in these nutrients are an easy way to accomplish this. Blending chopped **eggplant** with apple cider vinegar (organic) until it is an applesauce consistency will create a salve that can be applied directly to the skin cancer with a bandage over it. Eggplant is known to have BEC5 a compound that has successfully treated skin cancer for people. It is also found in an Australian plant called Devil's Apple. This involves a biochemical process whereby the cancer cell is destroyed by the **BEC5**. Reapply this formula several times per day. People have reported that as a result of the use of the eggplant and apple cider vinegar salve the cancerous skin tumor will come out in about a week. Sometimes it takes longer when there is a large tumor. Raspberry juice taken orally or raspberries can be used for healing the skin after the tumor falls out.

Baking Soda with Maple Syrup

Baking soda can be combined with maple syrup for a powerful delivery system to defeat cancer at the cellular level. The advocates of the baking soda and maple syrup combination have recommended the following protocol: Combine 3 parts Maple Syrup with 1 part Baking Soda in a saucepan at very low heat, stirring frequently for at least five minutes. The formula will separate and may need to be reheated. This heating at low levels will chemically combine the two substances, the maple syrup and the baking soda, to supply the cells with a Trojan horse therapy. The theory for advocates of the maple syrup and baking soda combination

claim that the sugar in the maple syrup will initially attract the cancer cells with the nourishment that it needs, however, the unwanted enemy of cancer, baking soda, an alkaline mystery guest, comes along for the ride, which creates an alkaline environment with devastating effect on the cancer. I personally know someone who used this method on prostate cancer with great success, and with astonishment on the part of his doctor.

This cancer treatment is highly effective, and can be combined with other methods of treatment discussed here.

Asparagus

I have used asparagus as a cancer treatment with a friend who had cancer and I can certify with personal, first-hand experience that this gets results.

An article appeared in a journal, several years back, entitled, Asparagus for cancer printed in Cancer News Journal, December 1979. A discovery was made by a dentist that asparagus might successfully treat cancer.

A man with an almost hopeless case of debilitating Hodgkin's disease (cancer of the lymph glands) after using asparagus therapy was completely cancer free within one year of the treatment, with no signs of cancer.

A 68 year-old man who suffered from cancer of the bladder for 16 years used radiation without success. He finally used

asparagus therapy. After 3 months his bladder tumor had disappeared.

A man who had lung cancer went for surgery and was told that the tumors were so widespread that the cancer was inoperable. He was told there was no medical solution to his problem. Soon after that he discovered asparagus therapy he began using it. Within months he was free of any signs of lung cancer.

A woman with advanced skin cancer was told by her doctors, within months of the asparagus treatments that her skin was normal. The asparagus also cured her kidney disease, which, she was told was a terminal condition.

A medical textbook from 1854 `The elements of material medica', published by a Professor at the University of Pennsylvania, identified asparagus as a popular remedy for healing kidney stones. He even referred to experiments, in 1739, on the power of asparagus in dissolving stones.

For the treatment, asparagus should be cooked before using it, and it can be served as a vegetable dish or made into soup. A minimum serving of 4-6 ounces of asparagus per day should be given to the cancer patient. You can use canned asparagus or fresh asparagus. Asparagus is seldom grown with pesticides. Based on contact with Giant and Stokely, it appears that these brands contain no pesticides or preservatives. There are about 15 fruits and vegetables that are typically grown without pesticides and asparagus is on the list.

Asparagus contains a strong source of a protein called

histones, which are believed to be active in controlling cell growth, which probably functions to normalize cell growth. The so-called authorities cannot make asparagus illegal and cannot mis-characterize it as a drug or something that has to be controlled or regulated, which is why you can bring it to your friends and family when they are stuck in a medical facility that is committed to advancing the AMA political agenda. Asparagus has a high concentration of glutathione, which is a powerful anti carcinogen and antioxidant.

Graviola (Annona Muricata)

One of America's largest drug manufacturers spent millions of dollars researching the Graviola tree and it's fruit for a successful cancer treatment. Deep in the rain forests of central and South America is the graviola tree. The fruit from the Graviola tree is a remarkable natural cancer cell killer that works on all types of cancer and is much stronger than Chemotherapy, and Graviola has no harsh side effects. The large pharmaceutical company did enough research on the Graviola fruit to discover that it successfully treated cancer. Their goal was to isolate the active ingredient and duplicate it in the laboratory so that they could make a large profit from the sale of a drug that could be patented and marketed. If they could duplicate the active ingredient in the laboratory they knew they could patent it because as a chemical created in the laboratory it would not be a natural substance. They did not succeed in their efforts to duplicate the active ingredients and reproduce them. The Pharmaceutical company that did the research kept their research a secret until one of their

scientists revealed Graviola's cancer fighting properties after the project was abandoned. Graviola was researched as a cancer cure at Catholic University in South Korea and found to be effective in treating cancer.

The Graviola Tree is found in Brazil and throughout Central and South America. In English it is called the Sour Sop, in Spanish it is called the Guanabana. The accent is over the second "a". The taste of the fruit is a cross between strawberries and kiwi.

Graviola can be purchased in pill form from the large supplements manufacturers and the fruit can be found in many Mexican grocery stores in the United States. It is also found in some of the grocery stores that cater to Filipinos or Brazilians, which is another place Graviola trees are found. If you have a friend or family member in a medical facility that blocks your cancer patient from receiving supplements not approved by the FDA, you can obtain the actual fruit from the Mexican or Filipino grocery stores. There is at least one Brazilian grocery store in San Francisco that carries a frozen version of the Graviola fruit. The so-called medical professionals at rest homes and hospitals generally will not block you from giving food to your friend or family member.

While the focus of the attention on the Graviola fruit is its cancer fighting properties, it is effective for a number of medical conditions, especially bacterial and fungal infections, as well as internal parasites and worms, lowering high blood pressure, and relieving stress and nervous disorders.

Parts of the Graviola tree that are of interest include the bark, leaves, roots, fruit and fruit-seeds all of which have been used for centuries by the native tribal Indians in Central and South America to treat arthritis, heart disease, liver problems and asthma.

Turkey Tail Mushroom

Recently the National Institutes of Health sponsored research on the Turkey Tail Mushroom. Based upon their research, extracts from Turkey Tail mushrooms have been proven to heal breast cancer. Experience with the Turkey Tail Mushroom has revealed that it successfully treated other types of cancer as well. The Chinese have been using Turkey Tail Mushroom medicinally for thousands of years. The author has read that Turkey Tail Mushroom is approved for experimental use by the FDA.

Paul Stamets, is a world-renowned mycologist, a scientist who studies fungi for genetic and scientific applications including medicinal properties. He is an advocate for the Turkey Tail mushroom. Paul Stamets is the owner of a company, Fungi Perfecti, LLC that sells mushrooms and mushroom spores. Penicillin is the best-known scientific application for a fungi-derived medicine, however many other mushrooms have powerful healing properties.

In June of 2009, Paul Stamets learned that his mother

had late stage breast cancer that had spread to her liver, with severe swelling in the lymph nodes. The oncologist at the Swedish Breast Cancer Clinic at the University of Washington estimated that his mother had 3 to 6 months left to live. The Doctor discussed a promising new therapy, the Turkey Tail Mushroom, and it was immediately adopted by Paul Stammet's mother along with the drug Ariceptin. After slightly more than six months the cancer disappeared. It appears to be a viable approach for a broad range of cancers.

The active ingredient in the Turkey Tail Mushroom appears to be polysaccharide PSK. As one of the most heavily researched and highly regarded medicinal mushrooms, Turkey Tail Mushrooms have been used since ancient times in both China and Japan, as a medicinal plant, where they are known as Yun Zhi or Kawaratake. Turkey Tail mushrooms have attracted the most interest as a natural source of the anticancer polysaccharide PSK.

Turkey Tail Mushroom can be purchased in health food stores and is sold online in pill form, as an herbal supplement. The Chinese use it as a tea, for a number of disease therapies and to treat a number of chronic illnesses. You may be able to serve it as a tea in health care facilities that are opposed to herbal medicine.

The National Institute of Health (NIH) funded their research project on the Turkey Tail Mushroom, a \$2.25 million-dollar study, which was conducted jointly with Bastyr University, the University of Minnesota, and the University of Washington. Researchers examined the effect of Turkey Tail

mushrooms on patients with breast cancer. Turkey Tail Mushrooms performed well in the study on both breast and prostate cancer and strengthened the immune system of cancer patients.

Black Salve

Black Salve is a native American formula for cancer that has proven very effective in fighting cancer, and has been driven underground by the medical establishment. Bloodroot is the primary active ingredient. Black salve comes in two forms as a pill or as a paste, for topical use to treat skin cancer, or skin tags. The best source that we can talk about is in Ecuador, and they can be reached at Alpha Omega Labs. If you are in the US or Canada use the following ordering website: herbhealers.com

Contact from The U.S.

Herbologics, S.A. 8345 NW 66th St., #7093 Miami, FL 33166-2626 (305) 851-2308

International Mailing Address Office / Manufacturing Facility Casilla 09-04-99 P Guayaquil, ECUADOR

Also, contact Best on earth products (888) 320 5021 in Finley, Nevada.

It appears that the FDA may have set up a few fake websites to sell a less effective Black Salve product in order to convince the public that this alternative health care modality does not get results. Please exercise caution when ordering these products unless, of course, you order from Alpha Omega Labs. I have seen bottles of Black salve in pill form for sale by private health care providers. The pill bottles did not have an address or a phone number but only state the county and state where it was manufactured. This is what happens when there is suppression of alternative health care. The market place is driven underground.

Typical Black Salve ingredients are:, red clover, burdock root, chaparral, bloodroot, and zinc mineral salts.

Here is another formula I discovered on the internet with slightly different ingredients:

Black salve formula:

50g Bloodroot powder
50g Chaparral powder
50g Galangal powder
50g Graviola powder
25ml DMSO 70%
250g Zinc chloride
500ml Distilled water
50ml+ Vegetable Glycerine
Glass saucepan, wooden spoon, stove

Glass storage jars (enough to hold 900g approximately ie - 9 x 100g jars or approx 25 x 30g)
Instructions - Follow the video above for instructions

Here are the instructions for Preparation:

Take all of the dry ingredients and combine them in a bowl. Next pour 500 ML of distilled water into a stainless steel pot or a pyrex pot then add 250 ML of Zinc chloride to the water, bring this mixture to a boil, stirring to insure there are no lumps. Next add the four dry herbs to the mixture, stirring continuously until all of the lumps disappear. Once you have a smooth consistency add 25 ML of DMSO, this is a carrier and it will help deliver the formula deep into the cells of your body. Next add 25 ML of Glycerine and stir continuously. This allows the formula to be moist. You may have to add more Glycerine. Simmer on law heat on the stove for about 15 minutes.

Mistletoe, which produces Iscador.

Dr. Rudolf Steiner advocated mistletoe for cancer many years ago, and it is still being used for that. It is more commonly used in Europe than the United States. Suzanne Somers claimed that she cured cancer with mistletoe. Mistletoe has been used in Europe for many years for treating disease and supporting the immune system.

Cesium Chloride

Cesium is the strongest method of alkalizing the body, much better than any other method. There is no rival. People who live in high altitude areas live to 120 years old because there is a high concentration of cesium in their diet. Cesium chloride is one of the most popular alternative cancer treatments for cancer patients who have been diagnosed with terminal cancer. Most cancer patients, who are treated with conventional methods, such as Chemotherapy, Radiation interferon and Surgery do not survive. Most people with cancer use these conventional cancer treatments first, and then come to alternative therapies after they have suffered side effects from the conventional treatments and are very weakened and severely ill from cancer. As a result, the success rate for alternative cancer treatments is, to some degree, influenced by how early in the process the person with cancer decides to use alternative therapies. Consequently, the outlook for success with alternative therapies is not as good for the late stage cancer patients, sent home to die, because their bodies are weakened and sometimes there is internal organ damage which influences the outcome of the treatments.

Cesium Chloride is used to alkalize the body and destroy cancer cells and is frequenly used for late stage cancer patients. Many of the other treatments suggested in this book are used at earlier stages and present a simpler alternative for an early stage cancer patient. Cesium Chloride can be used at any stage of the course of the patient's illness from cancer.

The History and Rationale for Cesium in Cancer Treatments

Dr. A. Keith Brewer, PhD is the pioneer in the use of Cesium in treating cancer, and used a powdered form of cesium instead of a liquid ionic form. The powdered form was not as potent as the liquid form of cesium. The liquid form of cesium is able to easily penetrate the cell walls of cancer cells because of a smaller particle size and this form is far more effective in destroying cancer and restoring the body to good health. Cesium can enter the cancer cells when other nutrients cannot.

The cesium does the following: (a.) it makes the cancer cells more alkaline, usually at the level of 8.0 and above, thus making these cells vulnerable to attack by the patients own immune system; (b.) it limits the intake of glucose into the cell, which starves the cell and makes it die from lack of nutrients; (c.) stops the metastasis of the cancer, shrinking tumor masses within weeks; (d.) almost always stops the pain of cancer within 24 to 48 hours, and; (d.) The Cesium neutralizes the lactic acid, which is a part of the reason for massive cancer cell growth; and it curtails the fermentation of the cancer cell.

One of the most well known medical doctors to use Cesium for the treatment of Cancer is Hans A. Nieper, M.D., (1928-1998), who practiced in Hannover, Germany, and attracted

celebrities and business executives worldwide, including an American President.

Dr. Otto Warburg won a Nobel Prize for his work in describing cancer cell growth and the environment of the cancer cell.

Cancer cells are known to be anaerobic, meaning they ferment oxygen rather than burn oxygen. When the level of oxygen that gets into a normal cell becomes too low, or the ATP molecule count gets too low, a normal cell will become anaerobic, which is what happens with a cancerous cell. Without the presence of oxygen the cell feeds itself by fermentation of glucose. The lactic acid produced by fermentation lowers the pH of the cell and interferes with the ability of DNA and RNA to control cell division, causing the cancer cells to multiply rapidly. The lactic acid simultaneously causes intense pain and destroys cell enzymes.

It should be noted that the cancer patient that uses Cesium Chloride needs to manage his potassium levels on a weekly basis and that can be accomplished with the people who supply the Cesium Chloride. The best source for this is Larry at Essense of Life for your purchase of the Cesium Chloride and other nutritional products.

Contact Information For Larry of Essense of Life is:

The phone number for Essence Of Life, LLC is 1 800 760 4947

The dosages of Cesium Chloride must be adjusted and monitored as the cancer patient gets started on the treatments, based on parameters such as weight, type of cancer, and many other factors.

Cancer patients can contact Larry, at Essence of Life, directly for answering questions and establishing the proper amounts of the Cesium Chloride for the cancer patient. Hydrazine sulfate is also available from Essense of Life. The cancer patient who chooses Cesium Chloride should call Larry directly to determine what dosages are proper and what kind of nutritional supplements and enzymes are needed. Essence of Life also has charts for determining which foods are acid, and which foods are alkaline. It is not surprising that the meat and dairy categories are acid and the vegetables are alkaline. Nuts are acid but a great deal less than meat. Some beans are acid but most are alkaline.

Website information for Larry is as follows: http://www.essense-of-life.com/ and

http://www.essense-oflife.com/moreinfo/minerals/cesium.htm

Stem Cell Therapy Background

One of the most effective therapies for cancer has been stem cell therapy. Medical research on the use of stem cell therapy has revealed a 90% remission rate for people with cancer. This approach to treating cancer is especially effective with late stage cancer patients.

Stem cells are cells with the potential to grow into a broad variety of different types of cells in the body. They serve as a rejuvenation process for the body, repairing and replacing damaged tissue. There are two main categories of stem cells: embryonic stem cells and adult stem cells. Stem cells are different from other cells in the body in three ways:

- They can divide and renew themselves over a long time.
- They are not specialized, so they cannot perform specific functions in the body.
- They have the potential to develop into specialized cells, such as muscle cells, blood cells, and heart cells.

Doctors and scientists are optimistic about stem cells because of their therapeutic potential for treating disease. A new long-term study of women with stage-4 breast cancer at the Stanford University School of Medicine used high-dose chemotherapy followed by a stem cell infusion with their own, specially purified blood stem cells that had been purged of cancer. This therapy had a much higher survival rate than patients in previous studies that did not use the special purification process. "Most people in the oncology community feel that this issue is a done deal, that high-dose chemotherapy does not work for patients with breast cancer," said associate professor of medicine, Judith Shizuru, MD, PhD. "But our study suggests that the high-dose therapy strategy

can be modified to include the use of cancer-free purified blood stem cells to yield better overall outcomes in women with advanced breast cancer."

This research was published in *Biology of Blood And Marrow Transplantation* and was co-authored by Dr. Shizuru and Dr. Antonia Mueller along with hematologist Robert Negrin, MD, chief of Stanford's Blood and Bone Marrow Transplant program. While some in the alternative medical field are not thrilled that the research coupled stem cells with Chemo-therapy, the fact that Stem cells were used and successfully treated cancer supplies a promising future for stem cell therapy.

There are a large number of stem cell clinics located in Mexico, all of them using alternative therapies exclusively, with the following locations or contact information:

Regenerative Medical Institute

Website: regenerativemedicine.mx

Telephone: (619) 735-9581

The Regenerative Medical Institute offers Immunotherapy, stem cell therapy and cancer therapy. The Cancer therapy involves the use of dentridic cells that stimulates and strengthen the performance of T cells, that are part of the immune system. They prefer to treat patients on an outpatient basis. The Clinic Collaborates with research institutions such

as UC San Diego. The clinic also treats diabetes patients and works with their patients to modify their diet. The RMI clinic has an impressive website that explains their unique approach to treating degenerative disease. RMI uses innovative methods to strengthen your own immune system in order to treat disease.

RMI has a Scientific Advisory Board, which includes a long list of medical researchers and professors with very impressive credentials. The RMI clinic also participates in ongoing scientific research. The institute has developed their own creative approach to treating disease known as T Cell Modulator or TCM®, which is a patented process. This medical procedure uses a proprietary method to employ a leukocyte extract, which stimulates T cell performance. I spoke to Dr. Jesus Perez, M.D., who described this protocol.

Integra Medical Center

Website: intergramedicalcenter.com

Telephone: (610) 818-8405

Contacts: Ed Johns, Dr. Omar Gonzales

Integra Medical Center [IMC] uses stem cells from Placenta. Placenta Cell Therapy is a type of adult cell therapy that utilizes the placenta, or afterbirth of a woman who has undergone the child birth. The placenta is obtained from a healthy young mother that has to meet very particular and rigorous screening tests. The method of acquiring placenta is according to the highest medical standards, and by qualified personnel who are supervised by our medical staff. The organ donation tests and other tests are performed so sterility is guaranteed (PCA-HIV, VDRL, IGM-TORCH, HBVAg. HACV-ag). Consequently, IMC has a long history of success and is proud to claim this method of Placenta therapy is effective, simple, long lasting, non-toxic and risk free.

The IMC clinic has been in business for 25 years and, based upon their medical experience since 1991, they have treated the following conditions:

AUTO - IMMUNE SYSTEM CONDITIONS, such as: Rheumatoid arthritis, Generalized or Discoid Lupus, Multiple Sclerosis, Auto-immune Hepatitis, Dermato-myositis, Psoriasis.

They also treat Diabetes, Spinal Cord injuries, eye-sight issues and Congestive Heart Failure.

The placenta stem cells are one of the most potent and powerful sources of stem cells. The Placenta stem cells contain ten times more cells than the ones contained in umbilical cord blood, and is absorbed by the blood and lymphatic capillary systems. It then migrates locally and systemically to the main organs (brain, heart, liver, kidneys, lungs, etc.) where the stem cells regenerate and revitalize the basic functions of these organs. IMC also offers nutritional counseling. The clinic website has impressive and interesting testimonials from their patients.

A1 Stem Cells

A1 Stem Cells is a clinic that makes available the potency of Stem Cells to treat major degenerative diseases. The clinic offers treatment for cancer, diabetes, multiple sclerosis, stroke and Lyme disease. A1 Stem Cells encourage a proactive approach to health care. This clinic has developed a protocol to help the human body rejuvenate.

At *A1 Stem Cells*, the staff does not just treat the symptoms of disease, they address the root causes. They explore the source of their patients ailments, with particular attention to toxins such as metals, pollutants or parasites of all sorts. Then they remove these accumulated toxins, and finally restore the functionality of their organs as a result of their stem cells therapy. The clinic staff also provides counseling you so that their patient can maintain their regained well-being and vitality once back home.

Contact Information for A-1 Stem Cells.

651 Av. Pacifico, Playas de Tijuana, 22504 Telephone: (888) 848-7639

Issels Intergrative Immuno-Oncology

Issels has a clinic in Santa Barbara, California and in Tijuana Mexico. Dr. Issels started treating cancer with innovative therapies many years ago. Their therapies have evolved from

the treatment methods developed by Dr. Josef M. Issels, M.D., who is a world-renowned innovator in integrative cancer medicine. Dr. Issels published an article in 1970 in Clinical Trials Journal, (London) pages 357 – 366, called "Immunotherapy In Progressive Metastatic Cancer, a Fifteen Year Survival follow up. A total of 370 patients with various cancers were given the Issels Immunotherapy, shortly after surgery or Irradiation a total of 322 (87%) were alive and healthy after five years without relapse or detectable metastases (spreading of the cancer to various parts of the body). It appears that the clinic in Mexico offers services that are not available in the Santa Barbara location.

Contact Information for Issels:

Telephone: From USA or Canada: 1-

888-447-7357

From abroad: **001-888-447-7357**

Nova Cells Institute of Mexico

At NCI patients receive timed, pulsed infusions of donor cancer fighting immune cells, called granulocytes, harvested from young people, plus HLA mismatched human umbilical cord cells. NCI also uses stem cells from the patients own bone marrow, both stem and precursor or progenitor cells.

The granulocytes directly attack tumor cells and eradicate them. The umbilical cord stem cells are attracted to tumors, engraft in them, and are attacked by the patients own cancer fighting immune cells and also by donor granulocytes, because these umbilical cord blood stem cells are flagged by the body as foreign to the patients body. Patients also receive a customized diet rich in cancer-fighting compounds and a regiment of drugs and supplements designed to compromise key metabolic pathways in tumor cells.

Contact Info for Nova Cells Institute Website: novacellsinstitute.com Telephone (562) 916- 3410

Vegan Diet

A vegan diet has been used by many to successfully treat cancer. This is one of the approaches taken by the Gerson Institute. The vast majority of people want to eat meat, however, which presents a problem for dietary choice and desire for something you can't have, etc. The author has been vegetarian for about 47 years and vegan for about 12 of those years. When you do not eat meat for a long period of time, many people lose their taste for meat. I think of meat as something toxic that I would never consider eating. I am not in the majority, however some will suspend meat consumption while treating their cancer. There is another consideration, however. Some doctors and PHDs will attempt to convince people that they cannot get enough protein from a vegetarian diet but this is just a dietary preference not science, since

others with those same credentials will sharply disagree with these meat advocates.

Most of the meat produced today is made from farm animals that have been fed genetically engineered food such as corn and other grains, and pesticide-laden food. I took my cat to the veterinarian a few years ago and discovered that the cat had cataracts. The cat had been eating a typical cat food diet of high quality cat food from a feed store. The cat food that I was giving the cat was not organic food. I talked to a medical intuitive, who recommended that I give the cat cod liver oil and a diet of pure organic food, which I did. We reduced and then eliminated the cod liver oil over time because the medical intuitive said the cat knew that she did not need it anymore. A few years later I went back to the vet for some other reasons and while I was there I asked if the cat had cataracts. The answer was a resounding no. I was told, by the medical intuitive, that the formula works well on people as well as pets.

If you continue to eat meat I urge you to make it organic meat, and I would try to buy directly from the farmer that produces the meat, if you do this, so that you can discuss some of his farming practices and make sure that this is someone you have shared values with. Every once in a while I encounter someone who does not share my values as far as food is concerned. This is particularly problematic when this is a restaurant owner and you are asking about some of their raw materials and food preparation practices especially when they do not share your values. This presents an issue related to food quality that requires either compromises by

you or diligence to ensure that you are getting quality nutrition.

Meat Consumption and Cancer Risk

According to the World Health Organization a person's diet is the root cause for at least 30 percent of all cancers in Western countries and up to 20 percent in developing countries. When cancer researchers started to search for causation between meat consumption and cancer they discovered that people who avoided meat were much less likely to develop cancer, unless they were exposed to environmental links to cancer such as radiation or carcinogenic chemicals. Major research in Europe also reflected a similar result demonstrating that vegetarians were about 40 percent less likely to develop cancer when compared to meat eaters. Initial research originated in Great Britain in the following published paper: Risk of death from cancer and ischaemic heart disease in meat and non-meat eaters. Br Med J. 1994;308:1667-1670, Thorogood M, Mann J, Appleby P, McPherson K.. Additional research was conducted in Germany in a journal called Epidemiology. Mortality patterns of German vegetarians after 11 years of follow-up. Chang-Claude J, Frentzel-Beyme R, Eilber U., Epidemiology. 1992;3:395-401. A second research study was completed by the same researchers; Chang-Claude J, Frentzel-Beyme R. published in International Journal of Epidemiology; Dietary and lifestyle determinants of mortality among German vegetarians. 1993;22:228-236.

In the United States, researchers studied Seventh-Day Adventists, a religious group that is remarkable because, although nearly all members avoid tobacco and alcohol and follow generally healthful lifestyles, about half of the Adventist population is vegetarian, while the other half consumes modest amounts of meat.

This fact allowed scientists to separate the effects of eating meat from other factors. Overall, these studies showed significant reductions in cancer risk among those who avoided meat. See Barnard ND, Nicholson A, Howard JL. The medical costs attributable to meat consumption. *Prev Med*. 1995;24:646-655. Harvard studies showed that daily meat eaters have approximately three times the colon cancer risk, compared to those who rarely eat meat. See 26. Giovannucci E, Rimm EB, Stampfer MJ, Colditz GA, Ascherio A, Willett WC. Intake of fat, meat, and fiber in relation to risk of colon cancer in men. *Cancer Res.* 1994;54(9):2390-2397. Willett WC, Stampfer MJ, Colditz GA, Rosner BA, Speizer FE. Relation of meat, fat, and fiber intake to the risk of colon cancer in a prospective study among women. *N Engl J Med*. 1990;323:1664-1672.

A number of theories have been developed to explain the causal links between the higher incidents of cancer and meat consumption. Meat consumption involves consumption of saturated fat and creates the likelihood of hormone related cancers such as breast cancer and prostate cancer. The animal fat generally stimulates production of hormones, for example in women, animal fat will stimulate production of estrogens, which are linked to breast cancer. Another theory

conveys a cause and effect between the lack of dietary fiber, a lack of antioxidants and other nutrients and cancer.

It is thought that this triggers a nutritionally based deficiency, contributing to cancer. It is, furthermore, well known that cooking meat especially on a grill or barbeque pit creates carcinogenic compounds such as heterocyclic amines (HCA) and polycyclic aromatic hydrocarbons (PAH) formed during the processing or cooking of meat. When meat is cooked at high temperatures, HCAs, are produced and PAHs are generated during the burning of organic substances, like the animal fat dripping onto the hot coals of a barbeque pit. PAHs are created from this dripping of animal fat, which burns in the fire below a barbeque pit and this increases cancer risk.

The American Institute for Cancer Research (AICR) published their second review of the major studies on food, nutrition, and cancer prevention. In the research they examined cancers of the oesophagus, lung, pancreas, stomach, collorectum, endometrium, and prostate, and concluded that red meat (beef, pork, or lamb) and processed meat consumption possibly increased cancer risk. With respect to colorectal cancer, there is mounting evidence in the scientific literature that red meat, processed meat, saturated/animal fat, and heavily cooked meat increased cancer risk, see World Cancer Research Fund. Food, nutrition, physical activity, and the prevention of cancer: A global perspective. American Institute of Cancer Research. Washington, DC, 2007.

Research related to Carcinogenic Compounds in Cooked Meat was explored in scientific research worldwide. Normal cooking methods such as frying grilling or oven broiling were not exempt from this carcinogenic effect. The production of toxic cancer causing compounds from cooked meat is escalated based upon how hot and how long that meat is cooked. See 6. Skog KI, Johansson MAE, Jagerstad MI. Carcinogenic heterocyclic amines in model systems and cooked foods: a review on formation, occurrence, and intake. Food and Chem Toxicol, 1998:36:879-896, 7, Robbana-Barnat S, Rabache M, Rialland E, Fradin J. Heterocyclic amines: occurrence and prevention in cooked food. *Environ Health* Perspect. 1996;104:280-288. 8. Thiebaud HP, Knize MG, Kuzmicky PA, Hsieh DP, Felton JS. Airborne mutagens produced by frying beef, pork, and a soy-based food. Food Chem Toxicol. 1995;33(10):821-828. These compounds are even more concentrated when chicken is cooked, see Sinha R, Rothman N, Brown ED, et al. High concentrations of the carcinogen 2-amino-1-methyl-6-phenylimidazo-[4,5] pyridine [PhlP] occur in chicken but are dependent on the cooking method. *Cancer Res.* 1995;55:4516-4519.

The risks for cancer are especially high when the meat is grilled over a direct flame. In these cases fat dropping on the hot fire produces polycyclic aromatic hydrocarboncontaining flames, a carcinogen. See Norat T, Riboli E. Meat consumption and colorectal cancer: a review of epidemiologic evidence. *Nutr Rev.* 2001;59(2):37-47, World Cancer Research Fund. Food, nutrition, physical activity, and the prevention of cancer: A global perspective. American Institute of Cancer Research. Washington, DC:2007. A study

completed at the University of Utah showed that higher consumption of processed or well cooked meat was linked to an increased risk of colon cancer, see Murtaugh MA, Ma KN, Sweeney C, Caan BJ, Slattery ML. Meat Consumption patterns and preparation, genetic variants of metabolic enzymes, and their association with rectal cancer in men and women. *J Nutr.* 2004;134(4):776-784.

Breast cancer has been associated with higher consumption of meat, by wealthier Japanese women, who have a higher percentage of meat in their diet and have an 8 and a half times increased incidence of cancer than women in lower socio economic classes. See Hirayama T. Epidemiology of breast cancer with special reference to the role of diet. *Prev Med.* 1978;7:173-195. A Harvard study also showed an increased incidence of breast cancer in 90,000 premenopausal women.

A diet of high-fat foods including vegetable oils, meat, dairy products, fried foods, stimulates production of estrogens in women, which increases the likelihood of cancer cell growth in the breast and other organs that are connected to female sex hormones. The Journal of the National Cancer Institute, published a study that shows that girls ages eight to ten, who cut down on the volume of fat in their diet had lower estrogen levels, which were held at a lower level during the next several years. A diet rich in vegetables, fruits, grains, and beans, and low on meat and dairy products will produce a 30 percent reduction in the levels of estradiol (a principal estrogen) in the blood, compared to a group of girls who did not change their diets. Dorgan JF, Hunsberger SA,

McMahon RP, Diet and sex hormones in girls: findings from a randomized controlled clinical trial. *J Natl Cancer Inst.* 2003, 95, 132-141. See also Cho E, Spiegelman D, Hunter DJ, et al. Premenopausal fat intake and risk of breast cancer. *J Natl Cancer Inst.* 2003, 95, 1079-1085.

Scientific Research from China, demonstrated that protection against premenopausal breast cancer comes from soy-bean based foods when consumed during adolescence and as an adult. The risk of premenopausal breast cancer was cut in half for those Chinese women with a threshold level of soy protein versus those with the lowest levels of consumption. See Sang-Ah Lee, Xiao-Ou Shu, Honglan Li, et. al., Adolescent and adult soy food intake and breast cancer risk: results from the Shanghai Women's Health Study. *Am J Clin Nutr.* 2009; 89: 1920-1926.

Research at Harvard University showed a solid link to prostate cancer for adult males consuming red meat. The study analyzed almost 15,000 male physicians in a Physicians' Health Study. This research examined fatty acids in the blood and that association with the incidence of prostate cancer. The results were unequivocal. The researchers discovered that meat eaters who consumed red meat at least five times per week had a two and one half times greater probability of acquiring prostate cancer, when compared to men who consumed meat less than once per week, see Gann PH, Hennekens CH, Sacks FM, Grodstein F, Giovannucci EL, Stampfer MJ. Prospective study of plasma fatty acids and risk of prostate cancer. *J Natl Cancer Inst.* 1994;86(4):281-286.

Harvard University did a follow up study on diet and prostate cancer risk, which reported on nearly 52,000 health professionals in Harvard's Health Professionals Follow-Up Study, which completed food frequency questionnaires in 1986. The research reviewed, 3 to 4 years of follow-up data, and found a link between prostate cancer and the statistically significant causal link between higher red meat intake and the risk of prostate cancer, with red meat as the food group with the strongest positive association with advanced prostate cancer. These and other study findings suggest that reducing or eliminating meat from the diet reduces the risk of prostate cancer. See Kolonel LN. Nutrition and prostate cancer. Cancer Causes Control. 1996;7(1):83-44.

A recent study in the *British Journal of Cancer* found that vegetarians are 12 percent less likely to develop cancer than meat-eaters. The research involved 61,000 participants and found that cancers of the blood: leukemia, multiple myeloma, and non-Hodgkin lymphoma were 45% less likely for vegetarians, see Key TJ, Appleby PN, Spencer EA, et. al. Cancer incidence in British vegetarians. *British Journal of Cancer*. 2009;101:192–197.

Mono-Atomic Gold

Unfortunately, I can only give one reliable source for mono atomic gold, see Page 77. It can be found on the internet, however the product quality is not always verifiable. If you find a source on the internet, and buy some, test it with a

magnet, real mono-atomic gold, in powdered form, will be rapidly repelled by a magnet. This is available in India as Soma Resayana.

Mono-atomic gold was used by David Hudson years ago and he apparently successfully treated cancer and aids with it. I do not see how anyone could take mono-atomic gold in sufficient quantities and not successfully treat their cancer. Mono-atomic gold has been used in India for at least ten thousand years and it is called Soma Resayana in India. The procedure for administering the Soma Resayana is called Kaya Kalpa. Mono atomic gold floods the body with stem cells, which is how it heals the body and reverses aging. I have heard from reliable sources in India that Monoatomic gold gives people a 25-year-old body. I know someone who gave this to a cat with a severed tail and the tail grew back.

Mono-atomic gold is probably the most powerful healing agent on earth. It will perform dramatically and quickly. It heals the physical body and does emotional healing as well. I suggest that you use small quantities to avoid too rapid a healing process, because you may get a fast kidney cleanse or something dramatic that will startle your cancer patient. You can find Barry Carter on line, who appears to know a great deal about this subject. He is doing a great deal with monoatomic gold and he has designed water traps that can isolate the mono-atomic gold in creek water. The plans for the water traps are on his website. Barry Carter refers to the monoatomic gold as Ormus. I suggest that you look it up on the internet under Ormus or Barry Carter. See Page 76 for more information about Monatomic gold. See also zptech.net.

GCMAF

Globulin Component Macrophage Activating Factor

GcMAF is one of the most promising and prominent cancer therapies available today. GcMAF is naturally produced by the human body and is stripped from the body by many viruses and cancer. Nagalase is an enzyme synthesized and released from a cancer cell or a virus particle, which pinpoints the GcMAF production facilities on the surface of your T cell or B cell receptor sites, receptor sites that are part of the immune system in your body. The Nagalase then wipes out your natural GcMAF receptor sites. The GcMAF in the body is diminished greatly by the presence of Nagalase. GcMAF therapy creates a large-scale revolution for your immune system.

GcMAF is a critical part of our immune system, and the immune system does not function properly without it. GcMAF is a component part of human blood. GcMAF destroys cancer cells by stimulating the macrophage activation portion of the immune system to destroy Cancer. GcMAF also blocks the delivery of nutrients to cancer cells by curtailing blood vessel growth. This is called anti-angiogenesis. Cancer cells are starved and compromised, making them more vulnerable to attack by the GcMAF stimulated macrophage system. Without GcMAF, your immune system also collapses, and the disease or cancer becomes chronic.

If external GcMAF is administered to the human body, most of the attacks on disease that have been stopped by the production of Nagalase will restart in minutes, and in three weeks one of the 20 effects of GcMAF, the rebuilding of your immune system, rebounds to a level of performance that exceeds its normal level. Clinics that administer GcMAF claim that there are no side effects because GcMAF is a natural component part of a healthy immune system.

Clinical research has shown, in addition, experimental and clinical evidence that has demonstrated a powerful effect on most cancerous tumors, including breast, prostate, and kidney cancers. GcMAF has been able to consistently shrink tumors in breast, prostate, kidney and pancreatic and other cancers. A European Clinic, called First Immune, with three locations has had the best results worldwide in treating cancer. They have, unfortunately been forced to close their clinics. The FDA and the Pharmaceutical industry in the US has worked hard to block the use of GcMAF in the United States, however you can still buy this on line.

Using their Protocols, especially dietary changes, stage 4 cancer patients usually start improving in the first week, often experiencing a 25% tumor reduction. Many, after 6 months, become cancer free. For those who have had chemotherapy it will take considerably longer. Prolonged use of Chemotherapy will cause your blood and immune system counts to be low, so these will have to be improved as part of the therapy, which lengthens the process. It takes a full year for GcMAF to eradicate stage four cancer.

The Contact information for First Immune is:

[First Immune] https://gcmaf.se

Also look for: https://www.gcmafplus.com

Also look for: https://www.bravo-probiotic-yogurt.com

[This is a probiotic product that has GcMAF within it.]

Also look for:

www.renointegrativemedicalcenter.com

First Immune was successful in treating Terminal Stage 4 Cancer, Autism, Hepatitis, Chronic Cirrhosis of the liver, Colitis, Chronic Liver disease, Colitis, Crohn's, Fibromyalgia, and Osteoporosis.

First Immune has published a number of clinical scientific research studies in Scientific Journals world wide, including: The American Journal of Immunology and the Journal of Anticancer Research.

Research has shown that GcMAF can also improve recovery from neurological diseases such as Parkinson's, Alzheimer's, rheumatoid arthritis, inflammatory conditions, and diabetic retinopathy.

In the case of autism, an American Doctor, Dr. James Bradstreet has so far treated 1,100 patients with GcMAF with an 85% response rate. Note: Dr. Bradstreet was killed by a gunshot wound recently and it was made to look like a suicide. This demonstrates the level of suppression of alternative cancer therapies we have arrived at in the United States.

Providence Hospital

Providence Hospital is located in Tijuana, Mexico. They have pioneered the uses of Methylgloxal, a new cancer drug that performs powerfully by starving the cancer cells of ATP (adenosine-5-triphosphate). Cancer requires a large quantity of ATP to survive.

Methylglyoxal reduces the nutrients available to the cancer cells, starving the cancer. Methylglyoxal has successfully treated numerous types of cancer including leukemia, non-hodgkin's lymphoma, colon cancer, bone cancer, breast cancer, ovarian cancer, liver and lung cancer, cancer of the gallbladder, and pancreatic cancer, Providence Hospital claims to have a success rate of 70% in using Methylglyoxal and is the only hospital in North America that offers this drug and apparently has a 70% success rate using this Methylglyoxal drug. They claim to have had particular success with advanced cancers. Providence Hospital is also employs a new anti-cancer vaccine called Resan, which strengthens the immune system.

Providence Hospital has a great deal of experience with

Polyatomic Oxygen Therapy, one of the most powerful cancer modalities available. This therapy saturates the human body with oxygen, which kills viruses, such as cancer and bacteria and purifies the blood. The oxygen reaches the entire body, even the brain and bone marrow, and purifies the blood, supplying the body with a way to kill cancer cells. Providence Hospital has offices in California and in Mexico. Providence Hospital is one of the only Hospitals in the Western Hemisphere that provides Polyatomic Oxygen Therapy. Their contact information is as follows:

Phone (In Mexico): (011-52-6) 630-0700 Phone number (In California): (619) 972-3831 Address (California): Providence Pacific Hospital, S.C. 2220 Otay Lakes Road, Suites 502-244 Chula Vista, California 91915

Hope 4 Cancer Institute

The Hope For Cancer Institute is located in Mexico and provides many of the most effective alternative cancer therapies available for treating cancer. The two clinics, one in Cancun, Mexico and the other in Baja, Mexico has had consistent success in treating cancer with some of the following treatments: PEMF pulsed electromagnetic force therapy, which is discussed previously. Hyperbaric Oxygen therapy, which is an oxygen treatment that is used for treating the benz. Increasing Oxygen in the human body will dramatically improve your immune system performance and

make it harder for bacteria viruses and cancer cells to survive. the Nutritional therapies such as ATP-1 are used to use nutritional components to destroy cancer cells. Principally, the anti-cancer benefits of ATP-I are derived from its acetogenin composition. Scientists at Purdue University, discovered annonaceous acetogenins are natural substances isolated from plant extracts and found to be toxic to cancer cells. Mechanistically, acetogenins were found to inhibit the formation of ATP, the molecule that provides energy to cancer cells. By depriving them of their energy source, cancer cells lose vitality and eventually perish.

Supported by clinical studies, ATP-I Therapy is provided in combination with other therapies at Hope4Cancer to qualifying patients. Hope4Cancer has a wide variety of treatment modalities for cancer.

Another important component of the Hope4 Cancer clinic's approach to cancer is enzyme therapy. This use of enzymes reverses metabolic aging and assists in destroying cancer cells. Enzymes can have the following powerful benefits against cancer: Proteolytic enzymes enhances the breakdown of cancer cells and improves the destruction of cancer in the human body. The immune system employs enzymes to hunt down cancer cells – which is the first step in destroying cancer. Enzymes can help fight inflammation and vastly improve healing mechanisms.

With Late stage cancer patients, enzyme production can drop down because it takes energy and a healthy metabolism to create them. The damage from chemotherapy and radiation therapy wears down the body and severely reduces the body's

capacity to produce enzymes. Consequently, enzymatic therapy can be viewed as an essential component in a whole-body cancer therapeutic program.

The Hope4Cancer Institute also uses an array of intravenous nutritional components including the following: IV solutions of Vitamin C, which was discovered by Nobel Prize winner Dr. Linus Pauling to extend the life of cancer patients an average of 6 years. Vitamin C is an antioxidant, which eliminates free radicals from the human body. However, when used through an IV delivery system, Vitamin C acts as a pro-oxidant. When absorbed by cancer cells Vitamin C travels into the cell and produces hydrogen peroxide that can cause oxidative damage and cancer cell death.

Cancer cells produce an enzyme called beta-glucosidase, which acts on B-17 and converts it into a toxic molecule that kills cancer cells. The core differences in the enzymatic characteristics of cancerous cells as compared with healthy cells, assist B-17 to selectively target and destroy cancer cells, making it a dynamic non-toxic anticancer agent. B-17, is also known as Laetrile, referenced in the book elsewhere, and is found naturally in the kernels of apricot, peaches and almonds. B-17 has been considered responsible for many cancer-free communities including the Hunza region of Pakistan.

The Hope4Cancer Institute uses many other health care modalities in their treatment of cancer including a combination of Photo Dynamic Therapy, which is a type of light therapy and Sono Dynamic Therapy. These two therapies

in combination is the signature approach for the Hope4Cancer Institute. The Photo Dynamic Therapy uses various forms of light that penetrates the body to the depth where cancer can be found. The Sono Dynamic Therapy utilizes ultra sound therapy, which selects the appropriate frequencies for interacting with something called the sensitizer agent. This sensitizer agent reacts with the oxygen in the body and causes the oxygen to release energy, in the form of reactive oxygen species (ROS), which kills cancer cells.

The Hope4Cancer Institute can be reached at the following Phone numbers:

(888) 544-5993 or (619) 669 6511

Ukrain

Ukrain is one of the most effective treatments for cancer available, but the expense will limit its application for some people who lack the funds to take advantage of this therapy. Ukrain starves the cancer cells of oxygen, preventing cell respiration and killing the cancer cells. At the same time the Ukrain treatment boosts the immune system and results in a 93% success rate with all forms of cancer. The National Cancer Institute has tested Ukrain with stellar success. They observed successful results against a broad range of cancers. Ukrain produced spectacular results without noticeable side effects.

Ukrain was developed in 1978 by Dr. Wassil J. Nowicky,

director of the Ukrainian Anti-Cancer Institute of Vienna, Austria, who first presented his discovereries at the 13th International Congress of Chemotherapy in Vienna in August 1983. In 2004 and 2006, Nowicky was nominated for the Nobel Prize in Chemistry. The manufacturer of Ukrain is Nowicky Pharma, A-1040 Vienna, Austria.

Several reports describe Eastern European clinical trials using Ukrain for people with various types of cancer. The drug gets results against cancer because it damages the DNA of cancer cells, leaving the cells unable to divide. Ukrain creates cytotoxicity in the cancer cells by dramatic reduction of cellular oxygen consumption. It also inhibits DNA, RNA, and protein synthesis. Ukrain also is well known to increase the total T-cell count and T-helper lymphocytes, while decreasing T-suppressor cells.

Ukrain is not approved in the EU. In the UK, Ukrain neither has a marketing authorization nor is it registered under the 'traditional use' label. It is not FDA-approved in the US but is approved in Mexico, and the United Arab Emirates as a standard anticancer medication. According to the manufacturer, NSC 631570 (=Ukrain) has drug licences in several states of the former Soviet Union (Ukraine, Georgia, Turkmenistan, Belarus/White Russia, Azerbaijan Republic, and Tadzhikistan. Ukrain has also been designated as an Orphan Drug for pancreatic cancer in the USA and in Australia.

There are two clinics I have identified that are currently making this therapy available as follows:

Norwicky Pharama Margaretenstrasse 7 Dipl. ing. Dr. J.W. Nowicky A-1040 Vienna, Austria Phone: (+43-1) 5861224

Atkins Center for Complimentary Medicine 152 East 55th St. New York, N.Y. 10022 Phone: (212) 758-2110

Laetrile Also called Vitamin B-17

Dr. Earnst T. Krebs, discovered Laetrile, found in Apricot pits, also known vitamin B 17, which has been used to successfully treat cancer. Dr. Dean Burke at the National Cancer Institute did research on Laetrile that showed strong promise for treating cancer. The Sloan Kettering Cancer Center, who at first recognized the promise of Laetrile for cancer, later denied the cancer curing properties of laetrile.

Laetril has been well known for more than 30 years. Pioneering research in Northern California, by Dr. John Richardson, resulted in some unpublished research. The research is available and discussed in a book by G. Edward Griffin, the author of Creature from Jeckel Island. It has been know for over 35 years that Laetrile (also called Vitamin B17) has a very profound effect on many types of cancer, if not all,

cancer cells. Laetrile was proven so effective in fighting cancer that the industry groups advanced legislation to make it illegal to sell raw apricot seeds that contain high amounts of laetrile. After meeting Dr. Richardson, G. Edward Griffin wrote a popular book World Without Cancer. Some of Griffins books on Cancer are available on line at realityzone.com. In particular the book "Laetrile Case Histories" is available on the above mentioned website and supplies good documentation of the research on Laetril.

In fact, from the time he started the research on his book to today, Griffin says he has seen literally thousands of people benefit from treatment with Laetrile. He also learned that cancer is a disease linked directly to a deficiency of vitamin B-17, which is found in high amounts in apricot kernels. Griffin also learned the harsh realities of the politics of cancerthat Laetrile and its health potential were being kept out of doctors' hands for political – not scientific – reasons.

One of the best features of Laetrile is that it's low cost and availability. Laetrile/B17 is found in high concentrations in Apricot seeds. The best source this author has found for apricot seeds is a Company in Lakeport, California, which sells apricot seeds and a wider product line, that includes a powdered form of apricot seeds. The amount of Laetrile or Apricot seeds you consume will determine how effective this therapy is. If you take too small an amount it will not give you the results you are expecting. I also recommend that you buy the books discussed above. The company cannot make health claims about their product line, so if you ask them specific questions about whether or not their product heals cancer

they will probably recommend that you read some of the books mentioned above and draw your own conclusions.

The Contact information is as follows:

Apricot Power

720 South Main Street Lakeport, California 95453

Phone: (707) 262-1394

website www.apricotpower.com

Hansi

Hansi is an herbal cancer therapy showing amazing promise. It has been formed from an assortment of plants and minerals found in the rain forests and deserts of Argentina. The developer, an Argentine botanist, who studied at the University of Argentina, Juan Hirschmann, discovered the cancer fighting properties of Hansi. He experimented with various forms of cactus and eventually used it as an experiment in treating plant cancers, subsequently using it on animals, starting with his own dog. He tested Hansi on various animals, helping veterinarians with treating their animal patients with cancer, with phenomenal results. One man who was planning to use it on his dog used it to treat his own cancer and he was the first successful human subject.

Dr. Hirschmann teamed up with a medical doctor and discovered amazing results in human subjects when they opened a clinic and started treating cancer. The Hansi therapy was first made available to the public for treating cancer in

1990, by Dr. Juan Hirshmann. The clinic in Buenos Aires received many referrals of terminally ill patients and was so popular that there were lines around the block at the clinic. Hansi is effective against all forms of cancer.

Hansi is very effective but quite expensive. The treament costs about \$ 25,000.00. You can use it at home or at the clinic in Argentina. Hansi has been successful in treating cancer, AIDS, Chronic Fatigue Syndrome, arthritis, asthma, and hepatitis. It is particularly effective against Pancreatic Cancer. Over 100,000 cancer patients have been successfully treated with Hansi.

There are also increases in macrophage and T-lymphocytes in the margins of tumors. Hansi has shown a greater tolerance for traditional oncologic treatments such as radiation therapy and chemotherapy, which is demonstrated by subjective changes in patients and by laboratory examinations.

Hansi is available from Alternative Health Associates, through the following contact information:

(800) 808- 0209 info@hansioriginal.com

You can also purchase Hansi from: Hansi International, LTD at 2831 Ringling Blvd. Sarasota, Florida 34237 Phone: (941) 953- 4863 Doctors in USA and Canada using Hansi Products: Colorado:

Dr. Alvin Stjernholm, N.D., D.C. 303-922-8451 California

Dr. Hanna Karwacka, Dr. Med. Sci. 858-454-3029 http://www.drhannaonline.com

Dr. Jose DaCostaReis, D.C., N.D. 416-968-0300 Florida:

Dr. David Green, M.D. (M.A.) Dr. Acp, Dr. Hom. 941-351-3579 Dr. Barnie Vanzant, M.D. 904-752-9222

Dr. Bruce Benner, A.P., Dipl. Ac., D.O.M.

941-351-9239

Dr. Hirshmann can be reached at: Phone: (011) 4612-4641 or email hansiargentina@hotmail.com

MGN3

MGN3 is a compound made from rice and Japanese mushroom extracts. The combination of the rice bran, and the mushroom extract, produces a powerful cancer toxin with spectacular results. MGN3 boosts the performance of the human body's natural killer - cell activity up to 300% and activates these cells within one hour. B-Cell & T-Cell activity is also increased by 250% and 200% respectively, giving the immune system a fighting chance to attain the ultimate protection. MGN3 has been shown to strengthen the entire

immune system, especially the T-cells, which are designed to destroy abnormal cells. The Formula utilizes three different medicinal mushrooms: Shiitake, Kawaratake and Suehirotake.

In Japan, these mushroom extracts have become the leading prescription treatments for cancer. MGN-3 Contains Arabinoxylane compound – The only natural immune complex that is clinically proven to triple natural killer (NK) cell protection, and significantly enhances B-cell & T-cell activity and is supported by 7 published efficacy studies (72 human patients). MGN-3 has been a major treatment for cancer. However, due to FDA persecution the name of this product has been changed more than once. The current name for MGN3 is "Daiwa Health Peak Immune 4."

Research on MGN3 has been conducted at UCLA/DREW University, Department of Urology of Nippon Medical School, Kobe Womens College, Jichi Medical School, Kyorin University, Hokkaido University, Teikyo University. 87th Annual Meeting of the American Association for Cancer Research April 20-24,1996 Washington DC NK immunomodulatory function in 27 patients by MGN-3, a modified arabinoxylane from rice bran. Dr. Mamdooh Ghoneum; Namatalla, Galal. Drew Univ. of Med. & Sci. Dep. Of Otolaryngology, 1621 E. 120th St. Los Angeles, CA 90059 MGN-3 immunomodulatory function was examined in 27 cancer patients.

MGN3 has no toxic side effects and is sold without a prescription. It is safe and is relatively inexpensive. MGN3 seems to work better when taken with a product called Oat Beta-glucan, available from: http://www.davidwheeler.com MGN3 is also sold on Amazon as MGN3 and under the name

"Daiwa Health Peak Immune 4."

Use this link for more information: http://www.mgn3.net/



Food and nutrition, especially raw food, is nature's oldest way of healing the body.

Chapter 3:

A Few New Approaches with Some Promising Research

There are a few promising approaches to treating cancer that deserve mention even though there is not a lot of documentation for some of these cancer treatments. Elagic acid is derived from Raspberries and is available on line from a variety of sources. The Elagic acid approach has shown a great deal of promise and deserves further examination as more people use it. Hemp oil has apparently successfully treated cancer and is used by number of people for cancer treatments, and is discussed later in this book. Celandine is an herbal supplement that has produced real results in treating cancer, however research and documentation is scarce. Various kinds of Oxygen Therapies have been used

with some success. The Rife machine has had stellar success over the years, if you can find someone with a Rife machine and the working knowledge of the frequencies that are employed by that device. Dr. Royal Rife was an early pioneer in the development of a frequency generator that uses various frequencies to kill cancers, staff infections and many other infectious diseases. The machine is adjusted to the frequencies that are known to be toxic to cancer or a particular virus or bacteria. Dr. Royal Rife also developed a powerful light microscope that he used to examine the cancer cells, while he adjusted the frequencies to determine which frequencies would kill the particular form of cancer that he was experimenting with. Celandine was apparently used by someone in Russia to assist someone who was born with complete blindness, and without eyeballs, to grow in a new set of eyeballs and bring him eyesight for the first time in his life. Other people have used it to fill in a cavity in a tooth. This herbal remedy needs further research regarding cancer. Celandine has been used by the Chinese for thousands of years.

Crystal Energy

One unique approach are two products made by Dr. Patrick Flanagan, the man who designed a missile tracking device at 11 years of age and sold it to the Pentagon. Dr. Flanagan is a world-renowned scientist who designed two powerful products that are added to water. The first product is called Crystal energy, which is a simulated Hunza water product. The water in the Hunza region of Pakistan is derived

from glaciers and is well known to promote longevity. In that region of Pakistan women give birth at 70 years of age and people generally live to 130. The second Flanagan product is Mega-Hydrate, a product that is a powerful antioxidant and gives the consumer of that product the nutritional equivalent of 100 glasses of orange juice. The products are sold on line at Water Liberty at (888) 318-9445. One of Dr. Flanagan's friends, who is also a scientist, claims that he went into full remission from stage four cancer in three days with these products. Dr Flanagan has a number of interesting You Tube videos about these products. Silica Hydride with Microcluster® technology, the active ingredient in MegaH® and MegaHydrate®, has been shown in numerous published scientific studies to be powerful as an antioxidant compound. The negatively-charged hydrogen ions react with free radicals to neutralize the harmful effects of the radicals. These free radicals, more correctly called reactive oxygen species (ROS), if not combated, accumulate in the body and create an environment called oxidative stress. Oxidative stress has been scientifically proven to be either a direct cause or closely related to the inception of cancer, eye disorders, blood and vascular diseases, heart problems and organ failure. Patrick Flanagan's website, www.phisciences.com has references to a great deal of research on his products under the heading "published studies" in the research section of his website. These products are available at waterliberty.com

Insiswa AKA Sutherlandia

Another health remedy used for cancer treatments and host of other illnesses is Insiswa (a Zulu name), also known as Sutherlandia (Botanical name-Sutherlandia frutescens), a legume, which is widely known for its medicinal properties in Southern African nations. This is one of the most powerful and multi-use medicinal plants in Southern Africa with a long history of use for treating disease. In Tswana this plant has the name Phetola, which means "It changes", which is reference to this plants powerful reputation for changing the course of an illness. Sutherlandia functions as an adaptogen, while strengthening the immune system. An adaptogen strengthens the human body's capacity to adapt to internal or external stress, while strengthening the body's immune system, glandular system and nervous system. It is known as "Cancer-bush or "Kankerbos".

It has a similar biochemistry profile and characteristics as a well-known Chinese herb called Astragalus membranaceus. Sutherlandia has been known as an immune booster, and functions as an antioxidant, while improving anxiety and depression, and enhancing longevity. This plant even promotes states of well-being and reduces mental or emotional stress. In parts of Southern-Africa it is known as a blood purifier. Sutherlandia contains a significant amount of an amino acid called L-canavanine, which is understood to have active anti-cancer properties.

One its most important properties is the anti-wasting feature, which stimulates the appetites of people who are suffering from weight loss from their illness, especially from cancer and AIDS. The general consensus of those with cancer

who use Sutherlandia is that it increases strength and stamina.

Sutherlandia is also known to treat Rheumatoid Arthritis, influenza, chronic fatigue, AIDS, hepatitis, type 2 diabetes, bronchitis and asthma, hypertension, ulcers, gastritis, liver and kidney problems, Tuberculosis, herpes and hot flashes and irritability from menopause. It is also used to wash wounds.

Sutherlandia should not be used with anticoagulants such as Warfarin and Heparin. Anti-hypertensive drugs and diabetic medication may have to be reduced while using Sutherlandia. There have been no known adverse side effects from this plant.

Research has been conducted at several Universities around the world including: The College of Pharmacy, Seoul National University, South Korea. At the University of Western Cape, Cape Town, South Africa in the Department of Biotechnology, scientists observed that Sutherlandia caused apoptosis, the killing of cancer cells in laboratory animals. At the University of British Columbia scientists tested Sutherlandia and documented the presence of L-canavanine and observed a reduction in cancer proliferation, which is described as an "anti-proliferative effect on several human tumor cell lines". Research published in Anticancer drugs, by Swaffar, D.S. et al. (August 1995) Combination therapy with 5fluorouracil and L-canavanine: in-vitro and in-vivo studies. showed that L-canavanine has a positive effect on treating cancer, Anticancer Drugs, 6(4), 586-93. See also In vitro effects of Sutherlandia Frutescens on cell numbers,

morphology, cell cycle progression and cell death in tumorigenic and non-tumorigenic epithelial breast cell line.J Ethnopharmacol 2009 124-45-60. While more research has to be done, it appears that Sutherlandia does improve the quality of life for people with cancer and can be used in conjunction with other therapies to treat cancer.

Etherium Gold

There is one source of monoatomc gold that is available on the internet that appears to be the real thing. This product is called Etherium Gold. This product has all of the monoatomic elements that are found in David Hudson's "White Powder of Gold" and other sources. This is a substance that occurs naturally in nature and is also manufactured in India as an Ayurvedic formula. The Etherium Gold appears to be derived from a naturally occurring source, a dry lake-bed. Monoatomic gold is effective because, even in moderate quantities it floods your body with stem cells. This is essentially a lower cost form of stem cell therapy. Monoatomic Gold is the most powerful healing modality on earth, and in my opinion will heal almost all illness and disease. It also has been known to treat emotional trauma. The only other reliable sources for Monoatomic gold are in India at the Auyervedic clinics or Pharmacies. In India the name of the compound is Soma Resayana. Etherium Gold is available at the following website: inspiredliving.com. The Phone number is (866) 875-4386, or (530) 537-0636 [Oregon].

PEMF Devices And Technology

As a part of researching material for this book I examined an electromagnetic technology that was discovered when astronauts and cosmonauts first started to go into orbit around the earth. Research has shown that Earth-compatible, magnetic energy is so critically important to the vitality and resilience of the human body that the lack of this vital connection to the human body creates an emotional and physical energy drain. These first space explorers discovered that our planet earth gives us a nourishing source of electromagnetic wave energy. This was immediately obvious to astronauts and cosmonauts because after about 1 to 2 hours in space they felt a tangible loss of mental, emotional and physical energy. This is because the earth's magnetic field in low earth orbit is very weak. In addition, bone density losses of up to 80% are not uncommon for a long-term space travel. Dr. W. O. Schumann, a German scientist discovered that the earth's predominant magnetic frequency is only 7.82 Htz. NASA and the Russian Space agency added a magnetic wave generator to their space vehicles and this restored the astronaut's vitality and well being dramatically.

These spectacular results from the use of pulsed electro-magnetic wave energy gave rise to an avalanche of scientific research and product development on PEMF technology.

The Earth's magnetic field is the only thing more important than oxygen in keeping the body alive, youthful,

and supporting a state of well-being. This is not just speculation but has been well documented by thousands of research studies worldwide.

Immediately after the first astronauts and cosmonauts returned from space, the engineers designed a pulsed electromagnetic field device that was essentially a magnetic wave generator to be integrated into the space capsules that would nourish the human body and nervous system in a way that the earth does. This restored their energy and vitality. The dramatic improvements in energy and vitality for the astronauts gave rise to a new direction in scientific research on pulsed electromagnetic force technology.

It was obvious to scientists and engineers at NASA that an organic Earth-compatible magnetic energy is an essential part of maintaining health and vitality for the human body. Magnetic energy revitalizes and rejuvenates the human body. This gave rise to a whole new area of research and development.

One scientist conducted an experiment in which two human subjects were placed in a metal cage that was designed to eliminate any magnetic field. The subjects were connected to brain wave monitors and other medical monitoring devices in order to measure the effects of magnetic field deficiency. After a short-time they began sobbing and said they were falling apart emotionally. Then they started to lose muscle control and their cardiac readings became abnormal. They were immediately removed from the cage. This research showed how

important the effect of the earth's magnetic field is for wellbeing, vitality and good health.

The earth's magnetic field has diminished over time. Scientist who have studied lava rocks have determined, based upon the magnetic characteristics of these rocks, that the earth had a stronger magnetic field thousands of years ago. There has been a slow decline in the earth's magnetic field over the years. As a result of the astronaut research and experiments with pulsed electromagnetic energy on human subjects, scientist have discovered tremendous health benefits from this technology.

The pulsed electromagnetic energy device that I investigated, the iMRS, is the one of the most promising and carefully researched devices on the market. I tried it out myself and I experienced an immediate boost in energy and vitality. The iMRS device is an acronym for Intelligent Magnetic Resonance Stimulation.

The Effect of PEMF on Cancer

Anecdotal reports have emerged, particularly in the area of treating pancreatic cancer. Four patients with late stage pancreatic cancer went into remission when they used the PEMF device described above. Treating pancreatic cancer is one of the most challenging diseases to treat. The prognosis is generally not good. Although these are only anecdotal reports it does hold great promise for the future. There is a large body of scientific research on PEMF technology, however there is no research on cancer that I

am aware of. As a result we have to look at the overall health benefits from PEMF.

The iMRS PEMF device simply <u>restores power</u> to all of the body's 37 Trillion cells, including the immune system, so that the body then has the energy to re-balance itself into harmony, as intended by Nature and God. This approach to wellness is both <u>non-invasive</u> and <u>without side effects</u>. It has had a powerful effect on healing bone fractures, joint problems and chronic pain. These devices have been successful in treating about 200 diseases and health problems.

The iMRS <u>restores</u> and <u>rejuvinates</u> the allimportant, natural, magnetic field energy in and around the human body that is depleted by the constant bombardment from debilitating high-frequency electro- magnetic pollution energy from cell phones, wireless devices, radar, and microwaves, which is everywhere in the developed world.

The device also gives the red blood cells a stronger magnetic polarity so they are repelled by each other and ultimately can travel into capillaries where these cells may not have visited in a while. This enlivens and nourishes parts of the human body.

Currently, 80% of the human brain is composed of astrocyte cells. These cells generate electricity that create a pulsed electromagnetic field that interplays with the Earth's magnetic field to create a steady, health-supportive, negative magnetic field in our bodies needed to enhance all the cellular

electromagnetic reactions in our bodies. <u>During sleep</u>, the Earth's magnetic field and our brains work synergistically to create a heightened magnetic resonance, which creates all sorts of health and longevity benefits. This magnetic resonance matches and strengthens the frequency of various organs and tissues in our bodies and dramatically improves the bio-chemical reactions in the body, helping to repair damaged cells, produce enzymes, and strengthen immunity. This electromagnetic restorative process is essential to our health, growth, and even longevity. Dr. Gumiel, Dr. of Science, found that enhanced magnetic fields could increase the lifespan of 23 different species of insects an average of 5 times, compared to the control groups, and the lifespan of human tissue cells by <u>2.5 times</u>! It appears to be an antiaging modality.

Enhanced PEMF technology also detoxes the human body. Enhanced magnetic fields result in a significant excretion of arsenic, lead, mercury, nickel, and tin in urine samples, evidence of increased cellular detoxification.

Kyoichi Nakagawa, MD., a Japanese rheumatologist and one of the world's foremost authorities on magnetism, claims that the steady decline of the Earth's magnetic field, combined with the modern, high frequency, high intensity electronic environment (MHz and GHz cell phones, computers, microwaves, radars, satellites, smart meters, Wi-Fi, wireless routers, etc), is responsible for "Magnetic Field Deficiency Syndrome in today's human population.

In his book "Beneficial Effects of Electromagnetic Fields (1993) by Dr. C.A. Bassett, a professor at Columbia University states "More than a quarter million patients [250,000] with chronically ununited fractures have benefited, worldwide, from this surgically non-invasive method, without risk, discomfort, or the high costs of operative repair. [...]

The range of treatable ills ... include nerve regeneration, Wound healing, graft behavior, diabetes, and myocardial and cerebral ischemia (heart attack and stroke), among other conditions. Preliminary data even suggest possible benefit in controlling malignancy."

An article appeared in a trade journal on the use of PEMF in plastic surgery-Evidence-based Use of Pulsed Electromagnetic Field Therapy in Clinical Plastic Surgery (2009). "This review shows that plastic surgeons [MDs] have at hand a powerful tool with no known side effects for the adjunctive, non-invasive, non-pharmacologic management of post-operative pain and edema."

The website for the iMRS devices is pemf4you.com. You can purchase the machine from them on their website or by phone at (707) 815-5926. A small non-profit group has made the iMRS device available for use by the public. They are the Divine Healing Center in Santa Rosa, California Contact

information is as follows: (707) 815- 5926. You can make an appointment on their website at divinehealingcenter.org.

Quantum Holographic Discs

One of the most remarkable new developments in healthcare is the Hologram, which is a small patch that is placed on the skin in certain strategic locations, in places called meridians, on the body. The human nervous system transports electrical signals and energy throughout the human body. The system of meridians, which is a part of the nervous system, is used in Chinese medicine and acupuncture. In acupuncture, needles are used to release blockages of energy in the nervous system. The Holographic Discs use a similar strategy to release energy blockages. The discs embed specific energetic formulas for different purposes. The Discs bring the body back into balance so that the body can heal itself. This remarkable new system of healing uses a small plastic patch with a mild energetic stimulus on key parts of the human body with remarkable results. The system works in a similar manner to the way acupuncture needles are used or acupressure treatments are applied.

The quantum energies that are stored in the disc work with the body's natural energy flow to bring your body back to its optimal functioning state. Essentially, **the disc is bringing the body back into a state of balance,** or homeostasis. Think of it as acupuncture without the needles. This process takes place based on the science of the Meridian System (our body's energy flow), combined with a concept in

physics called entrainment. This simply means that the quantum energy formulas in a disc, when placed at the proper position on the body, will interact with our body's energy and balance our energy flow, allowing our body to restore its proper, ideal function.

Because the formulas are quantum energies, the body will only accept what it needs to become balanced, so you can never overdose. Therefore, Quantum products are 100% safe for all ages when used as directed. There are no drugs involved, so that means no drug interactions, no contraindications, no negative side effects! This is safe for everyone, regardless of age, and what medications they may be on.

There are patches for a number of healing issues including Quantum Circulation (to improve circulation), Quantum Sleep, Quantum Sinus Allergy, Quantum Stress Relief, Quantum Back Relief, and Quantum Immune Boost, which is designed to strengthen the immune system, which this author believes can have a major impact on the treatment of cancer. There have been clinical trials, however, published in a peer reviewed medical journal. The patches have a sticky surface on one side, which adheres to the skin. I recommend that when using the Holograms one apply some medical tape or a small bandage to hold the Hologram onto the skin, since the adhesive does wear off after a while.

I the best option for cancer is the immune system patch as an adjunct to the other healthcare modalities that are

provided in this book. The product can be purchased on line at the following website: dejavuemroquantum.com

Hemp Oil, Also Known As CBD Oil

I have heard a great deal of very positive feedback about hemp oil and its healing qualities. While there is a growing body of scientific research that demonstrates that Hemp oil successfully causes cancer to go into remission there is also a lot of anecdotal evidence of this. Hemp oil, was made famous by Rick Simpson, a Canadian pioneer in the application of Hemp oil for treating cancer. Hemp oil appears to strengthen the immune system and provides nutritional components that fight disease. In addition, I know someone who had morgellons disease and successfully treated that illness with hemp oil. Hemp oil is generally made from either the hemp plant or the marijuana plant and there is no THC in the Hemp Plant. Some people use Hemp oil that was derived from Marijuana, others use Hemp oil from the Hemp plant. For those of you who are reluctant to use Hemp products because you do not want to become high on marijuana, the product I have reviewed is not going to do that because there is no THC in the Hemp Oil product I have reviewed. THC is the psychoactive hallucinogenic ingredient in Marijuana.

There is quite a bit of evidence that THC is valuable for killing cancer cells and there is good evidence that the CBD oil also kills cancer cells. The biochemistry is very interesting. Both Cannabinoids: THC and CBD oil has a devastating effect on the cancer cell. Both THC and CBD oil are cannabinoids and

are used by the body for an immune response and to heal the body. The endocannabinoid system is a communications system that travels between the nervous system and the immune system. This system of cannabinoids manages the immune system. As a result, both THC and CBD oil act as an adjunct to the immune system, making it more productive and more powerful.

Every cell has a class of interconvertable Sphingolipids that controls the life and death of the cell. This group of cellular factors is called the "Sphingolipid Reostat". The cells have a signaling device called the endogenous ceramide. When the cell is close to death the ceramide is high, when the cell is healthy and vital then the ceramide is low.

The CBD oil and the THC causes the cancer cell death, because of a minor structural change in the mitochondria. Amongst all of the structures within the cell, which are called organelles is the mitochondria, which is responsible for generating energy, known as ATP, for the cell. As a result of the presence of CBD oil or THC a chemical compound called ceramide starts to accumulate, turning up the Sphingolipid Rheostat, it increases the permeability in the pores of the mitochondrial membrane so that cytochrome c, a critical protein used in energy synthesis is forced out of the mitochondria. This destroys the energy source for the cell.

Ceramide also precipitates the production of a protein called P53, which is known to disrupt the calcium metabolism in the mitochondria, causing stress to the cell. Ceramide also interferes with the cell's lysosome, which is the

cell's digestive system, which supplies the cell with all of its nutrients.

Both THC and CBD oil interact with certain specific cell surface receptors on the Cancer cell, which is analogous to a key entering a lock. In cancer cells this reaction leads to cell death, with the normal cells it does not. The THC and CBD oil are both anti- mitogenic, meaning that it reduces the proliferation of the cancer cells, suppressing the growth of tumor cells. It is also Pro-apoptotic, which means it promotes the death of cancer cells and it is anti-angiogenic, which means it interferes with the growth of new blood vessels that are necessary for tumor growth.

Right before I was getting ready to publish this book I discovered a newly developed hemp oil product with some very remarkable qualities. The name of the Product is CBD oil made by **Prime Life**. The manufacturers of this new Hemp oil product took a number of additional steps in the research and development stages of their product creation to increase the potency of the hemp oil.

The primary extra step they used was the use of liposomes, which is a type of fatty acid that creates a container that surrounds the active ingredients in the Hemp oil compound and serves a number of functions. The most important function of the liposomes is the improved absorption of the hemp oil and other active ingredients in Prime Life's CBD oil to help the hemp oil assimilate and become absorbed by the body. The Liposome is made from Phospholipids, which is essentially the same substance that

the cell walls in your body are made from and this promotes absorption. The type of liposomes that are used are considered to be nano-particles, which are really small and this promotes a more rapid absorption of hemp oil by the body. This unique approach to a nutritional product supplies much greater utilization of the core ingredients by the body. This boosts the bio- availability tremendously. Bio-availability is the measure of how much of a nutritional substance is utilized by the human body. The bio-availability of Prime Life's CBD oil is much higher than almost any other hemp oil products on the market.

The CBD oil is sprayed into the mouth using a spray bottle, which goes into the mucous membranes in the mouth very rapidly and is absorbed by the cell walls of the mucous membranes. The CBD oil then passes into the blood stream directly, rather than passing through the stomach and intestines as is the case with most of the other hemp oil products. This increases the absorption of hemp oil into the body many times over taking a pill or a solution, because the nutrients pass through the cell membrane walls and they are available to the body almost immediately. As a result, the manufacturer describes their CBD oil as Nano-emulsified hemp oil and claims that it is the highest level of bioavailability for any hemp oil in the world.

Hemp oil treats cancer and other illnesses by supplying phyto-cannabinoids to the human body, which stimulate the immune system and CB2 cells that are receptors for the cannabinoids that are in hemp oil. Cannabinoids are made by the body and modulate the cannabinoid receptors. The

cannabinoids in Hemp oil tends to reduce inflammation, and stimulates the DNA to increase glutathione production and eliminate toxins. THC or Hemp oil improves the performance of the immune system, which is what makes hemp oil so valuable for fighting cancer.

Some of the ingredients in Prime Life's CBD oil such as ethanol and glycerine are permeation enhancers and help the particles of CBD oil permeate the mucous membranes in your mouth, which is where the product is introduced to the body. Ethanol also lowers the activity of water so that microbes such as bacteria and fungus cannot grow in it, consequently, the manufacturer does not have to add potassium sorbate or other preservatives. Prime Life CBD oil can be purchased from a Source in Northern California at the following phone number: (707) 851 5926.

A study published in 2007 concluded that CBD Oil (Cannabidiol) could inhibit the growth of breast cancer cells. See Molecular Cancer Therapeutics, 2007 Nov;6 (11): 2921-7., Cannabidiol as a novel inhibitor of Id-1 gene expression in aggressive breast cancer cells. An interesting study was published in the Journal of Pharmacology and Experimental Therapeutics published in 2006, May 25, 2006, Volume 106, A. Ligresti, Anti Tumor Activity Of Plant Cannabinoids With Emphasis of the Effect of Cannabidiol on Human Breast Carcinoma. In the study Italian researchers have shown that CBD oil is more effective than THC in treating cancer.

Another interesting Study was published in Molecular Cancer Therapeutics, In July 2011, Volume 10, Issue 7,

Cannabidiol Induces Programmed Cell Death in Breast Cancer Cells by Coordinating the Crosstalk between Apoptosis and Autophagy. The researchers determined that CBD Oil targeted breast cancer cells, while minimizing damage to surrounding healthy breast tissue.

For a brief review of research on this subject see "Scientists test Medicinal Marijuana against MS, inflamation and Cancer", by Nathan Seppa, Science News, June 19, 2010, Vol. 177, #3 P.16; Immune control by Endocannabinoids, New Mechanisms of Neuroprotection? Journal of Neuroimmunology, 2007 Mar, 184 (1-2) 127-35; Journal of Neurochemistry, Vol. 104, Issue 4, P. 1091; "Gamma Tocotrienol Suppresses Prostate Cancer Cell Proliferation and Invasion Through multiple Signaling Pathways" British Journal of Cancer 99 (11) 1832-41; Ellagitannin Rich Pomegranate Extract Inhibits Angiogenesis in Prostate Cancer in Vitro ands in vivo, International Journal of Oncology, 2008 Feb; 32 (2) 474-80.





Scientific research and advanced technology is a major component of the alternative cancer treatments used worldwide.

Chapter 4 Miscellaneous Other Treatments

Although there is little or no scientific research on some of the following treatment modalities it is valuable to reveal some of the promising new treatments that are being used now or that are on the horizon. With some of these treatments there is no scientific research. One of these treatments is **Transfer Factor**. Transfer factor is available on the internet and is one of the most powerful immune booster supplements available. This product comes in gelatin capsules and contains some of the most impressive medicinal mushrooms on earth. I believe that it contains Corticeps mushrooms and Shitake mushrooms, both of which are known for their powerful effect on strengthening the immune system. I know people who suffered from some serious infectious illnesses who have reversed their illnesses from this product. I believe this would be a great adjunct to some of the more well researched treatments discussed in this book such as Turkey Tail Mushrooms or Graviola.

Ashitaba

Ashitaba is a leafy green plant that was originally found in Japan on the Island of Hachijo, which has some amazing properties and a very interesting history for treating illness. Ashitaba green plants consist of 13 types of minerals, 11 types

of vitamins, coumarins, fibers, proteins, saponins, Chlorophyll and **Vitamin B-12**. Ashitaba is widely regarded as a wonder drug.

Ashitaba is known to prevent degenerative diseases and to promote longevity. People report that improved performance of one's kidneys, liver, and well being of the overall body will be a result of taking Ashitaba. This superfood, Ashitaba has the power to rejuvenate your body's cell properties. It is also known as a growth hormone booster. Within weeks of drinking ashitaba tea, people generally will feel a noticeable difference in the glow of their skin straight away. This can be a good alternative to glutathione supplements which has the effect of detoxifying and purifying the liver and at the same time whitening your skin complexion as it goes through your bloodstream.

Ashitaba is known as a potent treatment for Diabetes. If you are close to the measurable levels of having high blood sugar, regularly consumption of ashitaba can restore you to normal levels. Ashitaba contains rich potassium and manganese that tends to reverse diabetes. This plant also contains Nerve Growth Factor, which reverses Alzheimer's.

Cancer research on Ashitaba was conducted by Dr. Toru Okuyama of Meiji University, College of Pharmacy. The research was done using mice to test whether or not ashitaba extracts would successfully treat skin and lung cancers. In this research, the mice with skin melanomas were given an external application of ashitaba extract and researchers found a dramatic reduction in cancer cells.

This therapy was also administered to mice that were given lung cancer. The research supplied strong results and provided solid evidence that the cancer ceased through this treatment therapy.

Because of this research, Ashitaba has become quite popular and many people are growing it in their back yards.

The potent anti-tumor qualities of Ashitaba has been found on its root's non-polar extracts. Many local residents in Japan include ashitaba as a frequent vegetable at meal-time.

There is an ancient Chinese herbal remedy that has emerged as a successful treatment For Cancer called **Extract of Artemisia**, or Artimisinin. It is an extract from the Wormwood plant. This has been successfully used to treat Malaria in China. Research in the Life Sciences Journal has revealed that the Extract of Artemisia is a powerful resource for killing cancer. In some cases 98% of cancer cells were killed in 16 hours.

Moringa Oleifera

Moringa Oleifera is a tree that grows in India and other parts of Asia. The Moringa tree supplies some of the most nutritionally dense sources of nutrients in the world, mostly from vitamins and minerals. Examples of the powerful nutritional components in Moringa are as follows: PROTEIN 1

gram contains 2 times the Protein of yogurt; Calcium: 1 gram contains 4 times the calcium of cows milk; Vitamin A: 1 gram contains 4 times the Vitamin A of Carrots; Vitamin C: 1 gram contains 7 times the Vitamin C of Oranges; Potassium 1 gram contains 3 times the Potassium of bananas. This plant is particularly concentrated with B vitamins, protein, vitamin C and minerals.

You can eat all parts of the plant especially the leaves. 50 grams of powdered Moringa Oleifera reduces the rise in blood sugar by 21%. It also contains Isothiocyanates a substance that can boost your resistance to cancer. This plant Increases feelings of satiety, boosts metabolism and lowers cholesterol levels.

In addition to containing a lot of vitamins, minerals and nutrients, Moringa has antioxidant properties, which are clinically proven to aid weight loss.

This plant is particularly good for diabetics since it slows down the release of sugar into the bloodstream to decrease blood glucose and to inhibit the formation of fat. Moringa also Contains thermogenic compounds to burn stored fat quickly and effectively.

The leaves, the seed pods and the bark of the Moringa tree are used as food and for nutritional supplements. The leaves are considered to be the most nutritious part of the plant, being a strong source of B vitamins, vitamin C, provitamin A, Betacarotine, vitamin K, iron, calcium and manganese. The

Moringa plant is probably the most nutritionally dense plant on earth.

Coconut Oil For Colon Cancer

Colon Cancer has been reversed very quickly with coconut oil taken orally. Although there is no scientific research on this subject, it is well established through anecdotal evidence that coconut oil is a powerful tool for reversing colon cancer.

This book would not be complete if I did not mention Hulda Clark, a PHD in Biochemistry who was exiled to Mexico and was subsequently arrested and jailed when she returned to the US. She is emblematic of the problem we have had with systematic suppression of alternative health care by the power elite. Hulda Clark wrote a book called the cure for all cancers, which I have not researched and I have not included as a part of this book. Her approach was to use a group of three herbal extracts: black walnut, clove and wormwood, which is excellent for eliminating parasites in both people and pets. She claimed that this could also be used to treat cancer. Her book does earn an honorable mention here although I cannot either endorse or criticize her approach to treating cancer. We can learn a great deal about government oppression from Hulda Clark. If enough people had objected to her arrest and conviction it might have been stopped.

Dandelion Root

Scientists at Windsor University in Canada in 2015 discovered that dandelion kills cancer cells faster than almost any other herbal treatments. Dr. Siyaram Pandey and Dr. Carolyn Hamm did cancer research using Dandelion Root to treat Pancreatic cancer. The researchers stated "Dandelion root caused the collapse of the Mitochondrial membrane potential leading to prodeath autophagy." The interest in Dandelion Root was triggered by a Leukemia patient who was being treated with chemotherapy, and self-administered Dandelion Root Extract, with great success. She later introduced the use of Dandelion Root to anther patient in the waiting room. The research is discussed on the National Institutes of Health Website, Pubmed.gov. They also treated leukemia patients using dandelion root extract with great success. They also used the dandelion root extract with other types of cancers in vitro with good results. The results of Windsor University research on Leukemia is published in The Journal of Ethnopharmacy. A study published in the International Journal of Oncology in 2011, showed a reduction in the growth of prostate cancer cells. A study was also published in 2008 in The International Journal of Oncology, which showed that Dandelion Root Extract reduced breast cancer cells.

Dandelion root completely disintegrates cancer cells without damaging healthy cells. Dandelion cells have a rich source of vitamin B-6, vitamin A, thiamin, riboflavin, vitamin C, iron, calcium, potassium, folate, magnesium and manganese. This wild plant also appears to contribute Vitamin K, and is one of the most potent sources of Vitamin

K in the plant kingdom. Dandelion root also contains some flavonoids that are known to fight off cancer.

Dandelion root is a rich source of Polysaccharides. This natural compound is a polymer that that suppresses the formation and growth of tumors through Linoleic acid, a component part of prostaglandin, which helps to regulate the immune system. Dandelion root destroys cancer cells before they can multiply and form into colonies. As a result, this nutritious plant helps to kill off many common cancers, including breast, skin and prostate cancer. Nutrients from the Dandelion feeds the cells with rich and abundant minerals and vitamins to strengthen your body at the cellular level.

Dr. Slanislaw Burzynski

Dr. Stanislaw Burzynski, a polish Medical Doctor and PHD in Biochemistry has had tremendous success in treating late stage cancer patients in Texas. He has been falsely charged with violating the medical licensing laws in Texas numerous times. He has a very high rate of success with treating cancer. He discovered a strain of peptides, which are proteins, that are abundant in the blood and urine in people who are healthy and cancer free, but are not present in cancer patients. These are called antineoplastines and are used to target the specific genes that allow cancer to grow and flourish. The FDA has repeatedly pursued criminal indictments and criminal charges against Dr. Bruzinski and ultimately put him on trial twice. Congressional Hearings regarding Dr. Bruzinski's persecution

by the FDA were attended by dozens of former patients of Dr. Bruzinski, who enthusiastically testified as to the effectiveness of his treatments. After the two criminal trials were concluded Dr. Bruzinski was acquitted. From the Dr. Bruzynski story we can have a clear under standing of why there are so many alternative cancer clinics in Mexico and Europe. The Pharmaceutical industry was trying to protect their profits derived from chemotherapy. Dr. Bruzinski has no malpractice cases filed against him. There is also a group of his patients who have created a website that is designed to promote his medical practice. Dr. Bruzynski has a clinic in Houston, Texas at the Burzynski Research Institute. The contact information is as follows:

(713) 335 - 5697 9432 Katy Fwy. Houston, Texas 77055



Fresh and wholesome food, without food additives, is a vital part of healing the body and restoring good health.

Chapter 5: A Word About Food and Lifestyle

Values Regarding Food

On more than one occasion I have spoken to people who do not care if they eat genetically engineered foods, pesticides or food additives and do not acknowledge the inherent dangers of GMO food or pesticides, and justify their decision to not care by the statement that "I am going to die someday anyway, aren't I?" This is such inherently flawed reasoning it is hard to know where to start, but here we go. When you say that you do not care and I am going to eat the same amount of commercially raised meat, or the same junk food or subject myself to the same kind of low quality food, eventually you will pay a price in your quality of life, how long it takes to walk up a flight of stairs, how much oxygen you take in when you walk up those stairs, what kind of eyesight you have, and whether or not you have a stroke or suffer from a heart attack or a seizure. If you have ever known someone recovering from open heart surgery I assure it you that if most of them could turn back the clock and find a way to clean out their arteries they would do so. GMO food has been shown in independent research to be detrimental to health in laboratory animals, see a DVD called the Future of Food for more information.

Shitake Mushrooms are one of the strongest ways to strengthen your immune system. Portobello Mushrooms are probably the most nutritious food in the grocery stores in the US. Both varieties of mushroom are helpful for recovery from cancer.

The food you eat is related to some extent to your state of consciousness. The closer you are to a state of enlightenment the more likely you are going to stay away from unhealthy food. I spent a short time with Maharishi Mahesh Yogi, a famous Indian Guru, about four feet from where he was sitting. The energy from his state of enlightenment was very intense so that it was all I could do to sit in the chair. This is known as Darshan. I know from that first-hand experience, the kinds of effects on the quality of life and power that an enlightened state can produce. Someone who is enlightened or close to enlightenment is never going to eat low quality food.

The concept is tied to a theory and an actual practice of meditation techniques and use of these techniques on a regular basis. There are various stages of enlightenment, which move you along a continuum as one moves in the direction of enlightenment. If you are interested in learning a meditation practice I recommend learning the Transcendental Meditation technique. More people have reached enlightenment from that meditation technique than any other meditation practice I am familiar with. Plus, I find that the technique is easy to learn and practice, gets better results than other techniques and the results are scientifically verified in hundreds of scientific studies around the world. Its effectiveness is, in part, based upon its simplicity and the easy, natural nature of the practice. You can find the people who teach the TM technique through the internet. Learning the

Transcendental Mediation technique will, generally, cause you to spontaneously change your food choices so that you will be more inclined to stay away from toxic food and junk food, as wells as pharmaceutical drugs and street drugs.

The best DVD on the subject of a vegan diet is Eating, and is found on the *Rave Diet* website. Also, the same website has a very good documentary film called "*Healing Cancer from The Inside Out*".

Food choices and reading labels will help you stay cancer free. I have a friend who died of cancer recently because of too much junk food and an emotional trauma about 6 years prior to the cancer. In his case, reading labels could have saved his life. The rest home he was in was giving him asparagus, that I gave them, on a daily basis and he was getting better slowly. Then, the rest home asked the family to move him to another facility that could better address some of his complex and difficult needs. Unfortunately, the new rest home was very regimented and institutional and they refused to cook him asparagus. While I was attempting to arrange for a team of support people to cook and serve him asparagus soup, which took about a week, he went from getting better, to getting worse, and within about ten days he could no longer open his mouth long enough to eat and could barely talk. It was obvious to everyone who monitored his situation that the asparagus was keeping him alive, killing the cancer and slowly improving his health. Had my friends stepped in sooner we could have helped him. I was in the middle of some deadline related work assignments and I could not travel the three hours per day to visit him that would have been required, so

he died. The scientific reality about the PH values for meat is really beyond debate. All meat including red meat, chicken and fish as well as dairy products is acid, and contributes to a more acid environment for your body and blood. This acid environment makes it much more likely for people to get cancer than they would with a plant based diet. In addition to food choices you can protect yourself from cancer with emotional healing.

There is a unique way to do emotional healing that has emerged in the last 20 years. The technique is called Network Chiropractic and is mostly available in more populated areas and large cities. The technique works very well for emotional healing as well as the traditional vertebral adjustment that people expect from chiropractors. When I first experienced this method of Chiropractic I felt a weight of anxiety lifted off of my shoulders. Check the internet for a local network chiropractor in your area.

Polyphenols are one of the most important nutritional components to health and nutrition in your diet. Polyphenols come from Leafy green vegetables, berries and nuts. It is also available in a few other sources. Polyphenols are a nutrient that helps nourish your intestinal bacteria and helps digest food. Doctors have noticed that there is different bacteria in the digestive tract of people who are overweight when compared to people who are thin or a normal weight. The difference is largely derived from the consumption of foods that contain polyphenols. There are a few other sources of polyphenols as follows: Mulberry leaf extract, green tea extract, white tea extract, rodiola, pine bark extract, bitter

mellon extract, turmeric root extract, and Gymnema Sylvestre. Doctors have also noticed that that the increase in polyphenols tends to clear up skin problems and make people look more youthful. Your overall health and diet is part of the way you can prevent or heal cancer. Polyphenols are part of that equation. I urge you to see the movie "Fat, Sick and Nearly Dead" as part of this discovery process.

A few More Subjects

Stay away from microwave cooking. Research has shown that microwaves cause a rapid shift in polarity in the atoms in your food and will fracture the molecules in your food and destroy most or all of the vitamins, protein and mineral content of your meals. Initial research was conducted in Switzerland, in 1991, by Dr. Hans Hertel, a food scientist and subsequent research was conducted in Japan and Australia. Hans Hertel's research created such controversy that the appliance industry in Switzerland filed a lawsuit and obtained a gag order issued by the court ordering Hans Hertel to stop talking about his research. Micro-waved food reduces your hemoglobin count and white blood cell count. When you cook food in a plastic container and put it in a microwave oven, you will get dioxins, a carcinogen. Also, the proteins in your food turn into a carcinogen when they are cooked in a microwave oven. For some reason there are people who do not want to believe that, regardless of the amount of scientific research showing that microwave ovens are a big problem. Some people have a limiting belief system that the captains of industry would never put the public in this kind of danger......I say wake up. I suggest that you get a convection oven and use a stainless-steel set of cookware, or Pyrex cookware.

I would also ask those of you who read this book to become more activist about preserving our rights and freedoms as Americans. Free speech and other rights written into our Constitution are only going to remain as long as we are very vocal about preserving these freedoms.

Foods That Tend to Reverse Cancer

I have assembled a short list of foods that are known to help fight cancer as follows:

Green tea

Broccoli

Tomatoes

Blueberries

Ginger [take 2-3 cups of ginger tea

per day]

Garlic Raw or Cooked

Spinach

Pomegranate

Walnut 1 oz. walnuts daily

anti cancer compound

Resveritrol /grapes

Eggplant

Asparagus

Most of the vegetables on above list have Antioxidants that protect against free radicals damage, or have vitamins, polyphenols or bioflavonoids that are known to help fight

cancer. Asparagus and Eggplant are discussed earlier in the book.

Pancreatic Enzymes.

One final area of interest for someone who has cancer is enzyme production and supplementation. A doctor in Wales, Dr. John Beard, studied pancreatic enzymes and discovered that the Pancreatic enzymes kill cancer cells. He did research on laboratory animals with great success. This research was not well received and he died without anyone following in his path. Many years later doctors learned about this research and began to use enzymes that confirmed the validity of the original research. The Pancreas produces enzymes for digestion that helps to fight cancer but the typical cancer patient needs more. One of the reasons that the Gerson Institute is so successful is that they use a great deal of raw food and vegetable juices, which are a rich source of enzymes. Cooking destroys enzymes and raw food quickly replenishes enzymes. The natural enzymes in raw food does predigest food. As people get older the proteolytic enzymes that are produced by the pancreas will diminish. Sometimes partially digested food gets into the blood stream and the immune system is forced to remove these undigested particles.

The best resource we have is supplementing with digestive enzymes. These supplemental digestive enzymes are generally available at the local health food store. When buying these enzymes it is important to ensure that you are receiving the following: Protease for digesting protein; lipase for

digesting fat, and; amylase to digest carbohydrates. There are some supplements available that stimulate production of pancreatic enzymes. One product is called Proteolytic Boost and is available on Amazon and other websites. This stimulates production of pancreatic enzymes.

These Pancreatic enzymes do attack cancer cells. Some medical professionals who are using these enzymes and the pancreatic boosting supplements are combining them with Papaya enzyme supplements. Those who have had success with this strategy have used very large quantities of these enzymes and pancreas boosting formulas. These extra enzymes, especially protease, can consume dead cancer cells as well as live cancer cells, which places less pressure on the lymph system and the immune system to remove dead cancer cells. It is best to get as much exercise as possible, with this strategy, in order to keep the lymph moving. Walking is sufficient exercise. Mangosteen in any form can assist the body in digesting protein and killing off the cancer. Again, it is best to use larger quantities than you would normally use if you were only taking these supplements to improve digestion. In late stage cancer patients, the liver will not produce proteins for building DNA and there will be a rapid weight loss and a loss of muscle mass that is the result of the failure by the liver to produce a protein called albumin. One way to reverse this problem was to consume a large quantity of antioxidants. Another product that helps this process is called Liver Strength, that can be purchased on the internet. It is best to obtain the two products, that were invented by Dr. Patrick Flanagan, Crystal Energy and Mega-hydrate that were discussed above at pages 59-60. As the reader will recall the

Crystal energy dramatically increases the body's ability to take in nutrients at the cellular level and the Mega-Hydrate produces massive quantities of antioxidants. Research has linked enzyme therapy with a reversal of cancer growth.

A Bonus/ How To Clean Out Your Arteries

Here is a Bonus to you for having purchased the book. I will tell you how to clean out the plaque in your arteries. If you have ever known someone who has had open-heart surgery, the recovery is not pleasant. A vegan diet will clean out your arteries, see the DVD "Eating", available on the internet, for more information about this. Another DVD called "Forks over Knives" supplies additional information and insight into the subject of cleaning out arteries. If you want to continue to eat dairy products you will find the process of cleaning out the arteries will be slower. There is also another product from the tradition of Ayurvedic medicine in India that does clean out the arteries very well. The product is called Lipitone and can be ordered from a website for Metaorganics.

How to lose weight, The simple method

People are overweight because they are malnourished. The food they eat has empty calories and is not supplying the nutrients they need and then their body responds by gravitating towards more calories. To obtain the nutrition you need go to superfoods like Moringa, Maca, Trace Minerals Research (health food stores) Tamarind, wheat grass juice, and Chlorella. Your weight will drop.



Natural herbs and minerals are an important part of healing the body and are found everywhere on earth. There are traditions from the indigenous populations worldwide who have used medicinal plants for healing for thousands of years.

Chapter 6: Resources:

People

If you need a little help from some top professionals in the field of nutrition, medical intuitives, alternative health care, here is a short list. Look up Morgana Wyze on the internet, she is an excellent medical intuitive. Also, there is an Ayurvedic physician, Dr. Suhas, who is well known in the Central Coast area of California, his telephone number is as follows: Dr. Suhas Kshrisagar (831) 462-3776. Susan Bostwick, a medical intuitive is available at (707) 815-5926 and Carole Eckels Gaeddert, a medical intuitive, can be reached at (415) 381-4465 (415) 381-4477.

DVDs

The best documentary films on the subject of alternative cancer treatments are the following: Cancer the Forbidden Cures, The Gerson Miracle, Healing Cancer from Inside Out, When Healing Becomes a Crime, (1997), The Cancer Sell, The Beautiful Truth, Big Bucks, Big Pharma, and World Without Cancer, Fat, Sick and Nearly Dead, Food Matters, and Cowspiracy all of these are available on the internet.

Acknowledgments

I wish to acknowledge and dedicate this book to the Memory of two people Susan McConville and Glenn Kuder, without whom I would not have written this book. I wish to acknowledge the hard work dedication and personal sacrifices of Harry Hoxsey, Hulda Clark and Dr. Gerson, who took on a leadership role in our fight for personal freedom and our rights to freedom of choice to use alternative health care.

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